People with alcohol or drug abuse problems can and do recover.

Pacific Clinics will be there when your loved one is ready to seek help.

To make an appointment, call:
Pacific Clinics Call Center
1 (877) PCCARES
(1-877-722-2737)

Glendora:
1160 S. Grand Ave.

Irwindale: (ages 16 to 25)
13001 Ramona Blvd.

Pasadena:
66 Hurlbut Street
2550 E. Foothill Blvd.
1020 S. Arroyo Pkwy.

Pomona:
790 E. Bonita Ave.

Santa Fe Springs:
11721 E. Telegraph Rd.
Substance Abuse & Mental Health Services

Prevention and Treatment Services

What are Substance Abuse Prevention Services for youth?

Prevention services are targeted to youth at risk of addiction to drugs and alcohol, focusing on promoting emotional health and averting substance abuse. These include:

- Classroom Education
- Materials Dissemination
- Health Fairs
- Speaking Engagements
- Problem Identification and Referral Services
- Multi-Agency Coordination/ Collaboration

What are Substance Use Disorder TREATMENT Services?

Persons with substance use disorders experience problems in their lives related to their substance use, such as dysfunctional relationships, poor performance in school or work, legal troubles, increased risk of suicide, and more. Pacific Clinics offers Treatment to address these problems.

What Actually Happens in Treatment?

Assessment: Treatment begins with a comprehensive assessment of a person’s individual needs. The assessment helps in the development of an effective treatment plan.

A Treatment Plan: The counselor and consumer jointly develop a treatment plan to address the needs identified in the assessment. A treatment plan is a written guide to treatment that includes the person’s goals and plan to meet those goals.

Group and Individual Counseling: Our outpatient services provide comprehensive group and individual counseling to help successfully achieve the treatment goals. Services are designed to improve our client’s quality of life by focusing on the following areas:

- Sobriety
- Harm Reduction
- Anger Management
- Coping Skills
- Overview of Support Groups (AA, NA)
- Relapse Prevention
- School Performance
- Life Skill Groups
- Social and Leisure Activities
- Health Education
- Parent Support Groups
- Family Education
- Referrals
- Discharge Planning

In addition to meeting the daily needs of the consumer, Pacific Clinics works with the courts and probation offices to provide necessary documentation of progress and compliance with legal mandates.

About Us

Pacific Clinics has been providing behavioral and mental healthcare services to families in the greater San Gabriel Valley area since 1926. Today, it has more than 75 service locations in Los Angeles, Orange, San Bernardino, Riverside, and Ventura Counties.

Our programs are offered in English and Spanish.

Pacific Clinics Substance Abuse Services are certified by State of California Alcohol and Drug Programs and funded by the County of Los Angeles Substance Abuse Prevention and Control.

Pacific Clinics encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of special accommodations or have questions about the physical access provided, please contact the program director/office noted in this brochure in advance of your participation or visit.