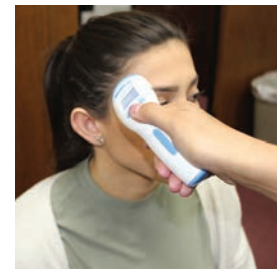


IMPACT REPORT 2019



COMMUNITY CHAMPIONS



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James J. Balla, MBA
President & CEO



Richard M. Dominguez
Chair, Board of Directors

A Joint Message from the President & CEO and Board Chair: Supporting Each Other As a Community

We are happy to share our impact report, *Community Champions*, with our clients, supporters and friends. It highlights the breadth and depth of the work that Pacific Clinics' caring staff members do each day. Thanks to their dedication, Pacific Clinics remains a leader in behavioral healthcare and early education, offering critical and often life-changing support to over 22,300 people across Southern California.

Being able to reach so many people is essential to our having a positive and lasting impact on the communities we serve. But it is the stories of each individual that truly demonstrate how Pacific Clinics is able to meet the many different needs of the children and families who seek our aid.

The lives impacted by our services and staff are a testament to the strength of a caring community, as well as the resilience of those we serve, including people like:

- Vanessa, who enrolled her children in our Head Start program, and benefited from mental health services for her and her family.
- Zackery, who has forged a deep connection with his peer partner over a shared love of music.

- Amy, who found gentle, caring support for herself and her sister.
- Eletha, who was helped through a depressive disorder and into a life full of new and positive relationships.
- And Sammie, whose creativity has flourished along with her own independence.

The journeys these community champions took were challenging. We are proud of Pacific Clinics' role in helping them overcome their challenges. We feel privileged to be able to assist people – from the very youngest to seniors in our communities – at times of great need and in ways that help them become self-sufficient and successful. We do this work while knowing we must remain dedicated stewards of our resources and of the safety and security of our clients and their families.

We want to thank you for your continued support of our work ensuring that everyone can reach their potential and lead healthy, fulfilling lives.



Our Mission

Building on people's strengths, we deliver quality behavioral and mental healthcare services.

Established in 1926, Pacific Clinics is a Southern California community-based behavioral health agency that provides mental health and supportive services. Each year, more than 22,300 individuals of all ages receive these services at more than 50 locations and 326 schools across Los Angeles, Orange, San Bernardino and Ventura counties.



Mental Health Treatment

Our services provide culturally appropriate and linguistically sensitive treatment for individuals and families who are low-income.



Supportive Services

We offer holistic supportive services, which include housing, employment and physical health to assist clients on their journey to recovery.



Educational Programs

Our educational programs, designed for all ages, prepare children for school and advance the knowledge of professionals in mental health and early education.

Your support helps us

Mental Health Treatment

Our professional, culturally competent staff have increased the number of individuals and families reached through our high-quality services in the community.

48%
Male

52%
Female

8%
0-5
Years

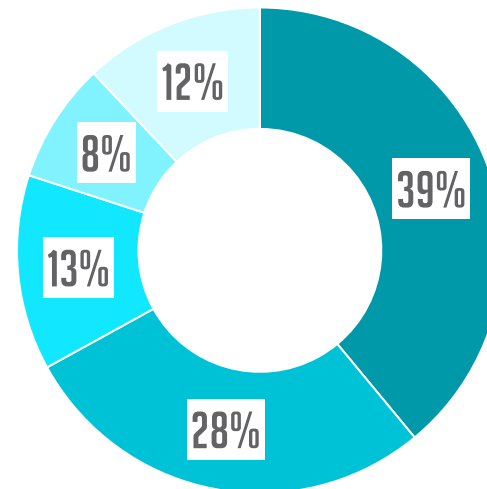
26%
6-15
Years

21%
16-25
Years

36%
26-59
Years

8%
60+
Years

1% Unknown



- Latino/Hispanic
- White/Caucasian
- Asian/Pacific Islander
- Black/African American
- Other/Unknown



22,365

Individuals and families served



22

Languages offered to provide services



1,136

Employees who work at Pacific Clinics



326

Schools where Pacific Clinics provides services

Supportive Services

Our holistic approach to care helps individuals navigate medical visits with primary physicians, assists with job training and offers housing.



223

Clients received employment assistance services



151

Adults received assistance during medical visits



1,222

People were provided housing or housing assistance

Educational Programs

We have continued to impact children and adults through our Head Start early childhood education program, Pacific Clinics Training Institute (PCTI) and Recovery Education Institute (REI).



3,095

Individuals attended training with PCTI



567

Students enrolled in our Recovery Education Institute



98

Graduate students interned at our sites

Head Start Impact

Pacific Clinics' Head Start program provides comprehensive early education for children ages 0 to 5, as well as support to parents and caregivers.

753 Children Served

672 Families Served

85% Average Daily Attendance

1,235 Hours of Service Provided

280 Children Received Dental Exams

691 Children Received Hearing Screenings

697 Children Received Vision Screenings

148k Meals Served



COMMUNITY

The journey to recovery can be challenging and we are committed to offering tools to support and address the unique needs of our clients. Likewise, our clients are committed to wellness and partner with our treatment teams to receive services.

The following stories highlight some of our champions who are working together to overcome obstacles and achieve mental health.



Vanessa

Home-Based Services and Early Childhood Education



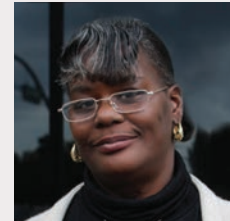
Zackery

Therapy, Medication Services, Transportation and Group Workshops



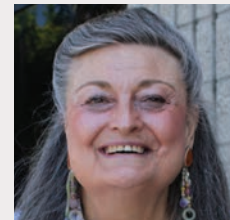
Amy

Therapy, Target Case Management, Rehabilitation and Medication Services



Eletha

Therapy, Target Case Management, Rehabilitation and Medication Services



Sammie

Health Navigation and Wellness Center



Vanessa and Peggy

📍 HEAD START/EARLY HEAD START | GLENDALE

Vanessa, a mother of five, and her family were homeless and living out of a van. From sleeping on a family member's couch to living in transitional housing, she worked hard to provide for her family and put the needs of her children first so they would have every opportunity to be successful in life.

At the age of 3, Vanessa's youngest son Jacob was enrolled in our Head Start program and received home-based services. Vanessa was paired with Family Child Care Specialist Peggy who visited and educated her on parenting skills, as well as games that would enhance her children's cognitive and behavioral skills. "She would come to my house once a week and help me with parenting classes and what to do like reading and how to interact with my kids," said Vanessa. Peggy not only provided Vanessa with tools to help her children, but assisted with household necessities, including food. "Peggy helped me a lot. She would get shoes, clothes, diapers, bottles, nursing bras, everything. She really goes out of her way."

Today, Vanessa's youngest daughter, Mikayla, is enrolled at Head Start where she is learning science, technology, engineering and math (STEM), as well as socio-emotional coping skills. With the help of Peggy and other Pacific Clinics Head Start teachers, Vanessa's children also received referrals to the Regional Centers for speech therapy.

Our early educational programs focus not only on the development of children and their physical and mental health, but also on the diverse and individual needs of the parents and the family.

Due to traumas early in Vanessa's life, including being physically assaulted and abused as a child, she was encouraged to take advantage of mental health services, for herself and her children. "It has been a struggle for all of us still. It has been a lot on the kids, so all of my kids and I are in therapy."

Peggy's philosophy and approach to helping the families she's assigned is to simply talk and do everything in her power to provide them with resources. She says, "I've been with Head Start for over 25 years. I understand what moms go through and that's why I want to stay in child development and mental health...in order to help others."

As children develop, grow up and enter their teen years, we continue to work with them and their families, learning together and providing community support and resources.

Like Vanessa, **Zackery** has overcome much adversity and receives support from **Christian, a peer partner**.

"She would come to my house once a week and help me with parenting classes and what to do like reading and how to interact with my kids."

— Vanessa

Peggy and Vanessa

Zackery and Christian

📍 TAY HOPE DROP-IN CENTER | IRWINDALE

Zackery is a typical 21-year-old. He loves listening to his favorite band, watching television and playing games like pool. However, at the tender age of 5, he walked into the bathroom to find his mother on the floor. She had passed away from a heart attack. “It has been really hard for me. I had a lot of anger because of the loss of my mom.”

Because he was so young, the only memories he has left of his mother are on a video of select holidays – Easter, Christmas and his birthday – as well as a few photos.

Growing up, Zackery was teased and bullied due to his learning disabilities. He recalls these moments saying, “I was bullied from middle school through high school.”

Since his mother’s passing, Zackery’s support system consisted of his father and brother, but when he came to Pacific Clinics, he had an entire new team ready to support him.

After being diagnosed with Post Traumatic Stress Disorder (PTSD) and major depression, he received therapy services at Pacific Clinics’ Covina site, but shortly after was referred to the Hope Drop-in Center in Irwindale. The Drop-in Center provides a safe place for transitional aged youth, ages 16-25, who are looking for support, healing and care seven days a week.

“I love coming here. It brings me hope that I can see another day, and better myself and help others better themselves too.”

A member of Zackery’s support team is Peer Partner Christian. Christian can relate to Zackery in a way that not many others can.

Through music and personal experiences, Zackery and Christian bonded. With Christian having his own band and Zackery eager to learn electric guitar, their connection grew.

Today, Zackery is focusing on his future rather than the past. He is in money management classes and aspires to be an entertainer.

Not only do we provide support to our clients through our caring staff, but we provide support to family members who have loved ones struggling with mental illness.

Amy didn’t know where to go or who to speak with in order to seek help for her sister, until she met **Joice, a mental health therapist.**



“I love coming here. It brings me hope that I can see another day, and better myself and help others better themselves too.”

— Zackery



“I’ve never met anyone who can communicate with C.C. the way Joice can. She was open, gentle and patient.”

— Amy

Amy and Joice

Amy and Joice

📍 ASIAN PACIFIC FAMILY CENTER | ROSEMEAD

At a time when it seemed like no one was willing to help Amy and her little sister C.C., Mental Health Therapist Joice came into their lives.

Ever since Amy can remember, she has always been her younger sister’s keeper and caretaker. When Amy was 16 years old, she moved to California.

When Amy left, C.C., age 12, felt abandoned and began to isolate. When C.C. turned 21, Amy asked her sister to move to California and live with her in hopes that C.C. could have a clean slate and turn a new leaf. While in California, C.C. improved, earning her high school diploma, an associates degree and found a good job. But C.C. continued struggling with her mental illness.

In 2018, C.C. insisted that she check in to a psychiatric hospital. Prior to her release, Amy did everything she could to find her sister help outside of the hospital. Finding a therapist who spoke Cantonese and understood how culturally appropriate treatment would benefit C.C. was tremendously hard. “Every time I spoke with someone, before I could explain why I was calling, I was met with ‘do you have private insurance?’ I began to feel deflated, defeated, helpless.”

As she went down the list of resources, she called Pacific Clinics and spoke with Joice. Joice’s warm, calm and caring demeanor made Amy feel special and heard, a feeling she had not felt from other providers.

When Joice first met with C.C., she was experiencing severe hallucinations – people on the television were speaking to her. She was also struggling with the separation from her and her sister at a young age, as well as familial cultural challenges. “I could relate to her being separated from her sister because I was separated from my family during our immigration journey,” says Joice.

As part of C.C.’s treatment, Joice explored her interests, such as coloring and cooking, and encouraged her to do activities outside the home, in addition to following a regulated medication routine. Amy exclaims, “I’ve never met anyone who can communicate with C.C. the way Joice can. She was open, gentle and patient.”

Today, C.C. is stable. Amy enjoys morning walks every day before work with her sister. Amy says, “It’s very important to support the family and those who are supporting clients because without them, it can be difficult to get clients to show up for their appointments.”

“Joice is very special. She’s not just a therapist, she’s part of our family. I feel so fortunate to have found a person who truly listens and cares,” Amy says.

Amy attributes C.C.’s improvements to Joice’s work, much as **Eletha** has found her own champion in **Meagan, a mental health worker**.

Eletha and Meagan

📍 FULL SERVICE PARTNERSHIP | SANTA FE SPRINGS

As adults, we can carry the traumas of our childhood with us like baggage. As a child and well into her adulthood, Eletha experienced and witnessed significant trauma. Her mother was murdered in front of her at the young age of 5. Shortly thereafter, she was under the care of her uncle. During her time with him, she was repeatedly molested. A year later, her father came to take her away and move to California. She had hopes of a bright future and was determined to do well in school; however, life took an unexpected turn. Her father's new wife was physically, verbally and emotionally abusive to Eletha. She would hit her and spoke ill of her deceased mother. This lasted until Eletha was 17 years old and moved out.

At the age of 25, Eletha was married and expecting her first child, but her husband did not want to be a father. At five months, he beat her so badly that she miscarried. "I was sad and depressed. I just wanted to die. I had enough."

After her divorce, she attempted suicide several times. Going in and out of psychiatric hospitals, she was not ready to accept the help that was being offered. It wasn't until after she completed a 9-month transitional program that she was connected with Pacific Clinics and met Mental Health Therapist Meagan.

When Meagan began treating Eletha, she had feelings of worthlessness and

low self-esteem. She also had difficulty accepting help and acknowledging she was hearing voices in her head. Initially, Eletha was diagnosed with major depressive disorder, but later was diagnosed with schizoaffective disorder.

Meagan supported Eletha by teaching her healthy coping skills, life skills and managing her emotions. Since then, Eletha has been on medication and improved significantly. "I am a person of determination. I didn't think a year ago, I would be as strong as I am now," Eletha says.

Today, Eletha rents a room, manages her own money and is very involved in Pacific Clinics' Consumer Quality Assurance Board (C-QAB), a consumer-led advisory committee that empowers clients to share feedback and affect changes that benefit those the agency serves.

As she continues to grow in her recovery, Meagan hopes that Eletha is proud of her progress, views herself as more than her trauma and remains open to new and positive relationships. Meagan states, "Her case worker and I are just the training wheels. Eletha is steering the bike."

Like Eletha, **Sammie** too has learned how to cope with life's hardships with the help of **Linette, a peer partner**, who has made it easier to achieve wellness.



"I am a person of determination. I didn't think a year ago, I would be as strong as I am now."

— Eletha



“I’ve grown a lot with Pacific Clinics and have been coming here for 7 years. I’m grateful for all their help and Linette’s support.”

— Sammie

Sammie and Linette

📍 WELLNESS CENTER | WEST COVINA

Sammie was living on the streets of Los Angeles, homeless and suffering from bipolar disorder. She was hospitalized after an episode and throughout her stay, various community agencies visited with her to share how they could help once she was discharged. When she left the hospital, Sammie remembered the individuals she connected with from Pacific Clinics and reached out to begin outpatient treatment.

Sammie participated in group therapy and community events to help manage her illness and worked with her treatment team. One of the members on her team was Peer Partner Linette.

Linette, like Sammie, was previously a client. After a breast cancer diagnosis in 2015, Linette thought she was suffering from depression, but after receiving mental health treatment, she was diagnosed with anxiety. Once in remission, Linette’s employment specialist encouraged her to apply for the peer partner program. Peer partners are individuals with lived experience who serve as role models and mentors for our clients. They provide guidance and encourage clients to be an active participant in their recovery process through group activities, events, meetings and important interactions.

As part of Sammie’s recovery, she engaged in interior decorating as a way to uplift herself, as well as others. When Linette and Sammie met, Sammie needed help enhancing the aesthetics

of the main room at our West Covina site. Linette was happy to assist Sammie with her vision. “Sammie’s very creative. One time, we decorated the room and she brought mermaid Barbie dolls and hung paper cranes from the ceiling for a Spring/Summer theme. When the main room is decorated it creates a warm and inviting area for clients and newcomers,” says Linette.

In addition to Sammie’s art and creative activities, she also joined Pacific Clinics’ Consumer Quality Assurance Board (C-QAB) to vocalize her thoughts and ideas on how programs and services can continue to improve and support others.

Linette runs several activity groups that focus on art, dance, and camaraderie among women. The Pink Ladies group is a women’s empowerment group that gives women an opportunity to gather, talk, share and go on field trips together.

Today, Sammie is doing well and lives independently in her own apartment. “I’ve grown a lot with Pacific Clinics and have been coming here for 7 years. I’m grateful for all their help and Linette’s support,” says Sammie.

Sammie and the others’ stories are five examples of how clients and staff come together to support each other, creating a healthy community.

MEET OUR BOARD MEMBERS

These outstanding community leaders serve on Pacific Clinics' Board of Directors to help further the agency's mission and work in the community.



Chairman:
Richard M. Dominguez
Richard Dominguez &
Associates



1st Vice Chair:
Jessica Mack
Principal Partner, Program
Development, Okapi Architecture



Secretary:
Zaven Kazazian, JD, CBC
Independent Consultant



Immediate Past Chair:
Gregory A. Bowman, EdD
Superintendent (Retired),
Burbank USD



John Brekke, PhD
Professor, USC Suzanne
Dworak-Peck School of Social Work



Russell W. Chung
Russ Chung Consulting



Vincent J. DeRosa
President,
Vincent DeRosa & Associates



May Farr, Dr.hc.
Mental Health Commissioner,
San Bernardino County



Eric (Tony) A. Gronroos,
CPA, MBT
Partner, HKG, LLP



Michele E.F. Hamlett, MBA
Chief Operating Officer,
Retirement Choices of America



Judy Kwan, JD
Product & Commercial Counsel,
HelloSign



Dena Oberst
President & CEO, Gable Tax
Consulting Group, Inc.



Jerry Winklhofer
Controller, Exer Urgent Care

MEET OUR LEADERSHIP TEAM

Pacific Clinics' executive and senior management teams are cross-organizational groups focusing on strategic and financial planning, organizational values and stakeholder partnerships, all for the fulfillment of the vision and mission of the agency.

James J. Balla, MBA
President & CEO

Shawn M. Caracoza, LCSW
Executive Vice President &
Chief Clinical Officer

Kris Giordano
Executive Vice President &
Chief Administrative Officer

Joseph Wong
Chief Financial Officer

Lucy Pliskin
Vice President of Human Resources

Shawn Aminian
Vice President of Information Technology

Pablo Anabalon, PsyD
Vice President of Clinical Services
and Substance Abuse

Ara S. Artinian
Vice President of Operations

Sharon Baker
Vice President of Claims Operations

Jennifer D'Alvarez, MBA
Vice President of Advancement

Scott Fairhurst, PhD
Vice President of Clinical Outcomes,
Training and Special Projects

Myeisha Peguero Gamiño, MA
Vice President of Public Affairs and Advocacy

Luis M. Garcia, PsyD
Vice President of Quality Care, Cultural Diversity
and Governmental & Community Relations

George Holbrook, LMFT
Corporate Compliance and HIPAA Privacy Officer

Thaddeus Juarez, MD
Medical Director

Laura Pancake, LCSW
Vice President of Clinical Services, Housing,
and Employment Services

Wassy Tesfa, MA
Executive Director, Head Start

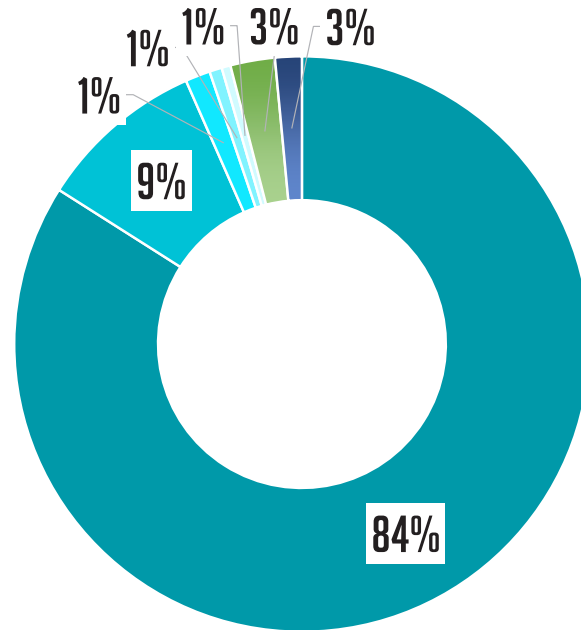




FINANCIALS

Pacific Clinics' work would not be possible without the support and enthusiasm of partners in the public, private and philanthropic sectors, or the financial resources with which we have been entrusted. The financial pages of this annual report offer a clear and comprehensive picture of our ongoing efforts to be responsible financial stewards.

As stewards of the resources provided to us, we ensure the prudent use of these resources to support those we serve.



SOURCE OF FUNDING

- Los Angeles County
- Federal/Head Start
- San Bernardino County
- Orange County
- Ventura County
- Other Contracts
- General Fundraising / Other

Pacific Clinics' Fiscal Year: July 1, 2018 to June 30, 2019

STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS

Revenues	
Grants and Contracts	\$ 91,529,961
Federal Awards	11,399,386
Contributions	652,928
Investment Income	215,750
Client and Third-Party Revenue	338,631
Lease Income	9,685
Net Assets Released From Restrictions	223,234
Other	414,056
TOTAL REVENUES	\$ 104,783,631
Expenses	
Program Services	\$ 83,841,525
Supporting Services	20,839,608
TOTAL EXPENSES	\$ 104,681,133
Change in Net Assets without Donor Restrictions	\$ 214,033
Change in Net Assets with Donor Restrictions	\$ 64,525
CHANGES IN NET ASSETS	\$ 278,558
NET ASSETS, BEGINNING OF YEAR	\$ 7,661,383
NET ASSETS, ENDING OF YEAR	\$ 7,939,941

STATEMENT OF FINANCIAL POSITION

Assets	
Cash and Cash Equivalents	\$ 18,808,446
Contract and Other Receivables	4,078,373
Prepaid Expenses, Deposits & Other Assets	2,130,067
Property & Equipment <i>(Net of Accumulated Depreciation)</i>	6,125,987
TOTAL ASSETS	\$ 31,142,873
Liabilities	
Accounts Payable	\$ 2,422,453
Contracts Payable	679,671
Accrued Current Liabilities	11,613,039
Current Portion of Long-Term Liabilities	142,611
Total Long-Term Liabilities	8,345,158
TOTAL LIABILITIES	\$ 23,202,932
Without Donor Restrictions	\$ 7,694,943
With Donor Restrictions	244,998
TOTAL NET ASSETS	\$ 7,939,941
TOTAL LIABILITIES AND NET ASSETS	\$ 31,142,873

FUNDERS & SUPPORTERS

FUNDING

Funding is provided by the Counties of Los Angeles, San Bernardino, Orange, and Ventura, as well as the Mental Health Services Act (MHSA). Additional funding is provided by corporations, foundations and individual donors.

\$100,000 AND ABOVE

Blue Shield of California

\$50,000 - \$99,999

Arthur J. Gallagher & Co.
Elzada F. Schweitzer
Charitable Trust
Mutual of America Foundation
QueensCare

\$25,000 - \$49,999

James J. Balla
Richard M. Dominguez
East West Bank
Epic Insurance Brokers & Consultants
H.N. & Frances C. Berger Foundation
Los Angeles Universal Preschool

\$10,000 - \$24,999

Greg Bowman, Ed.D. and
Carolyn Bowman
Cal Mental Health Services Authorities
Cathay Bank Foundation
Elise Mudd Marvin Trust
May S. Farr
Louise Laraway Teal Foundation
NAMI - Asian Families, San Gabriel Valley
Pasadena Community Foundation
Warren B. Riley
RPS Monument, LLC
Share Our Strength
Thomas and Dorothy Leavey Foundation
Denise and Russel E. Tyner

\$5,000 - \$9,999

ABC7
John H. Barrow
Kent M. Crawford
Diamond Bar High School
Patricia and George D. Drucker
Kelly and Michael J. Dunn
Dunn Property Group
Cheryl Fair
Great American Insurance Group
Stacy W. Harrison
Kaiser Foundation Hospitals
Janice Lee-McMahon
NPO Solutions
RSM US LLP
David S. Wachtel
Ellen Weinstein
Wells Fargo Philanthropic Services
Gayle M. Whittemore
Jerry Winkelhofer

\$2,500 - \$4,999.99

Nancy Ackerman
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County of Los Angeles
Vincent J. DeRosa
Envision Consulting
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Houston Tyner Architects
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Jessica Mack
Susan Mandel, PhD
Congresswoman Grace F. Napolitano
Dena Oberst
Panda Charitable Foundation
Lucy Pliskin
Aria Strategy Group
Stater Bros. Charities

“I am proud to support Pacific Clinics’ mission to provide effective mental health services across our community. Having volunteered and supported the agency for more than a decade, I have seen their work make a significant difference for so many.”

— Mike Dunn, Dunn Property Group

\$1,000 - \$2,499.99

American Business Bank
Ronald C. Banks
Patricia Barreto
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Gregory Buchert
Shawn Caracoza
Rocco Cheng
Russell W. Chung
City of Pasadena
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Lisa and Richard de Lorimier
James A. Diepenbrock
Sylvia Dunbar
Richard Dunn Family Foundation
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Fred Fedail
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Kris Giordano
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Michele Hamlett
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Jackie and David Lacey
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Jon McNutt
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Nonstop Wellness
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Laura S. Pancake
Maxine Paul
George and Nancy H. Ponce
Rosemead Kiwanis Foundation
S&B Pharma Inc
Diane Schultheis
Cedric Smith
Rose Tantraphol
Sedora Tantraphol
The Charitable Foundation - Berkshire
Hathaway Home Services
Ultimate Software
John Wacker
Walt Disney Television-ABC
Joseph and Melissa Wander
Judith R. Weinstein
Welligent, Inc.
Georgina Yoshioka

Thank You for Your Generous Support!

UNDER \$1,000

Active Neighborhood Recycling Co.

Jamal Adams

Kenneth P. Adams

David Affeldt

Alhambra True Light Presbyterian Church

AmazonSmile Foundation

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Pablo Anabalon

Rhanara Anderson

Jane Antista

Yamile Arriola

Lara Arslanian

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Gloria Avrech

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Michele Bignardi

Nichol Bowman

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Pauline Cavin

Karen Cervantes

Yu Mei Cheng

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MyungHwa H. Chung

Clermont Insurance Services, Inc.

Mary Cline

Jerry Cohen

Dawn Collins

Chris Conway

Bethany Corey

Cara Cruz

Reynaldo Cruz

James Dawson

Michael J. Delaney

Phil Devine

J Dhatchayangkul

Disability Rights Education &
Defense Fund, Inc.

Aimee Dorr

Cindy Dowling

Kathleen Drummy

Leslie Duarte

E-Central Credit Union

Catherine L. Enarson

Rose Endriga

Scott Fairhurst

Barbara Farash

Phil Feghali

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Carlos Fierro

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Suzanne Galletly

David Garcia

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Gerard Gastelum

Marilyn G. Geller

Mark Geller

Gale Giovannetti

Bill Girdner

Evelyne Glaser

Jennifer Goble

Terry S. Gock, PhD

Alexis Golling-Sledge

Matt Grahn

Kelly Grant

Greater Berean Missionary
Baptist Church

Hacienda La Puente USD

Jeff Hairell

Linsay Hallin

Ibrahim Hanna

Elana Helgesen

Dezzarae Henderson

Susan Henry

George Holbrook

Billy Huang

Keshia Hundley

Imprenta Communications Group, Inc.

Beatriz Isaac

Denise Jackson

Timothy C. Jahn

Henry Jannace

Jewish Community Foundation

Luke Johnson

Donna Johnston

Matt Kamin

Berdj Karapetian

Aram Kazazian

Barbara Kekich

Patricia R. Knight

Reiko Kondo

Shinaan Krakoswky

Linda and John B. Labrie

Nancy Lahey

Amy Lawrence

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California Office of Statewide Health Planning and Development
Five Acres
Homeless Health Care Los Angeles
Housing Authority of the City of Los Angeles
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Association
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U.S. Department of Health and Human
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SUPPORTING MENTAL AND PHYSICAL HEALTH

QueensCare Grants Pacific Clinics \$50,000 for Medical Equipment

According to a study published by The Lancet Psychiatry, people with mental illness face increased risks of physical disease, reduced access to healthcare and loss of mortality, sometimes due to anti-psychotic medications. Recognizing this issue, Pacific Clinics' services include support for mental and physical health.

QueensCare, a faith-based organization that provides accessible healthcare for low-income and uninsured working individuals and families in Los Angeles County, awarded Pacific Clinics with a \$50,000 grant to purchase and install 28 sets of hospital-grade medical equipment, train medication support staff and conduct 24,395 physical health and vital screenings for 5,088 clients.

This generous grant enabled staff to identify risk factors for chronic health conditions, such as high blood pressure, hypertension and diabetes, and advance our integrated healthcare model that supports a comprehensive approach to mental illness and physical health.

The hospital-grade medical equipment consisted of weight scales with a low step-lip and railings to accommodate individuals who have difficulty ambulating and stepping onto a regular scale and height rods to conveniently assess, weigh and monitor height simultaneously. Additionally, vital sign machines with digital infrared non-contact thermometers, fingertip pulse oximeters and digital pressure monitors with various cuff sizes were purchased.

By addressing the full scope of needs and tracking the potential side effects from prescribed medications, Pacific Clinics aims to increase the health and quality of life for those served.

In the event a risk is presented, the treatment team is able to work with clients and their primary care physicians for further treatment.

The collaboration between our clients, medical staff and primary care physicians helps to ensure that our clients and their families achieve a higher quality life.

We have made every effort to acknowledge anyone who made a contribution to Pacific Clinics between July 1, 2018 and June 30, 2019. If your name is not listed or is incorrect, we deeply apologize. Please contact the Development Department at (626) 254-5057.

We look back at the past year to reflect on the work that impacts those we serve. Below are photos highlighting the many ways we actively support the community.



📍 ADVOCACY DAY | WASHINGTON, D.C.

Head Start team meets with representatives. L-R: Board member Russ Chung, Wassy Tesfa, Congresswoman Judy Chu, Lisette Ayerdis-Hernandez, Nancy Lopez, Kris Giordano, Myeisha Gamiño



📍 ANNUAL CONFERENCES | SAN GABRIEL VALLEY

Speakers for MILES and Latino Mental Health conferences: Secr. of State Alex Padilla & LA County First District Mental Health Deputy Jennifer Vallejo.

📍 EDUCATION AND COMMUNITY EVENTS | SAN GABRIEL VALLEY

Our early childhood education program gives children and parents a head start in learning and parenting skills. Community events are hosted throughout the year to educate the public about our services.



ADULT EDUCATION | ORANGE COUNTY

Students busy at work in the computer lab at our Recovery Education Institute.



NAMIWALKS | LOS ANGELES

Staff gather before the annual NAMIWalk at Grand Park in Downtown Los Angeles.



THANKSGIVING EVENT | IRWINDALE

Hope Drop-in Center provides transitional aged youth and their families with a meal and live entertainment.



CHAMPIONS OF MENTAL HEALTH ANNUAL CELEBRATION | PASADENA

Mental Health Champions, clients and hosts enjoy our annual celebration. L-R: David Ono; Emily Wang; Metta World Peace; Ellen Levya; Congresswoman Grace F. Napolitano; Jenifer Lewis; Sammie; Lori; Eletha and Julian.

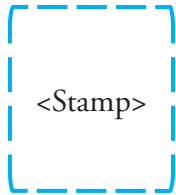




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COMMUNITY CHAMPIONS

Impact Report 2019

