

## Foothill Unity Center Receives Significant Gift to Capital Campaign

Rao and Indira Yalamanchili, longtime San Gabriel Valley residents, donated a campus naming gift to Foothill Unity Center in support of its capital campaign for the Monrovia site.

The gift, the campaign's largest, will name the site in honor of the Yalamanchilis, who made the gift in appreciation of Foothill's efforts to help those in need in difficult times. The organization has a balance of \$2.1 million to raise to complete the capital campaign.

Foothill was founded in 1980 as an emergency food pantry operating out of a church closet in Monrovia and assisting low-income, disadvantaged and underserved people. In the 1990s, having outgrown the church closet and moved around a couple of times, the organization landed at the previous site in Monrovia, slowly expanding the service area to nearby cities.

In 2004, the center opened a second site in Pasadena. In 2018, the organization moved into a significantly larger facility at 790 W. Chestnut Ave. in Monrovia, with the launch of its capital campaign two years

earlier.

Foothill Unity Center's target population is in an area that includes Altadena, Arcadia, Azusa, Baldwin Park, Bradbury, Duarte, Irwindale, Monrovia, Pasadena, Sierra Madre, South Pasadena and Temple City. In 2019, the organization served 7,348 individuals with 76,000 services with its core programs — food, housing and homeless, health, job development and crisis case management — a 50% increase in services compared to those in 2018, due to the expanded capacity of the Monrovia site.

In response to COVID-19, the organization has had an approximately 300% increase in the number of individuals and families served compared to last year's number, with more than 200,000 services, translating to more than 1,200,000 meals. More than 70% of the services have been to new families, even if they fall outside of the 12 cities in the organization's target population.

For more information, contact Julie Swayze at (626) 358-3486, extension 204, or [Julie@foothillunitycenter.org](mailto:Julie@foothillunitycenter.org).

## Foundation Funds Pacific Clinics' Youth IMPACT Project

Pacific Clinics, a Southern California-based community mental health agency, announced that the Center at Sierra Health Foundation will fund one of its projects in the amount of \$1 million through the Elevate Youth California program.

Pacific's Youth Inspire and Mobilize People to Achieve Change Together project, or IMPACT, seeks to strengthen the leadership skills of low-income, Latinx and Asian immigrant youth ages 12-18 in the San Gabriel Valley. It builds coping skills through a culturally rooted, trauma-healing youth leadership development and parent education model to overcome the challenges of migration, intergenerational differences, identity formation and internalized oppression that can lead to risks of substance use.

"We're grateful for the funds the Center at Sierra Health Foundation has given us for the IMPACT project," said Terry Gock, divisional director of Pacific Clinics' Asian Pacific Family Center. "Asian and Latinx immigrant youth face different experiences that can

lead to an increase in substance use. This project will teach them how to cope with these traumas and say 'no' to drugs."

IMPACT will provide youth leadership and media awareness training, peer-to-peer learning events and merchant education. These efforts will be jointly designed, implemented and evaluated by participants and the Asian Pacific Family Center-Community Youth Council. The IMPACT curriculum is offered to youth while parents will be trained in the Asian American Family Enhancement Network Bicultural Parenting Education program. The youth leadership skills training curriculum is activism-based, and participants will design and host substance-free events or activities, such as youth summits, as a component of the training. These activities will build a greater understanding of substance use disorders for youth, as well as address specific risks faced by immigrant youth.

The parenting education curriculum, which will also be offered in Spanish, is designed to equip and empower parents

with knowledge and skills to decrease family conflict, improve family bonding and decrease delinquent youth behaviors.

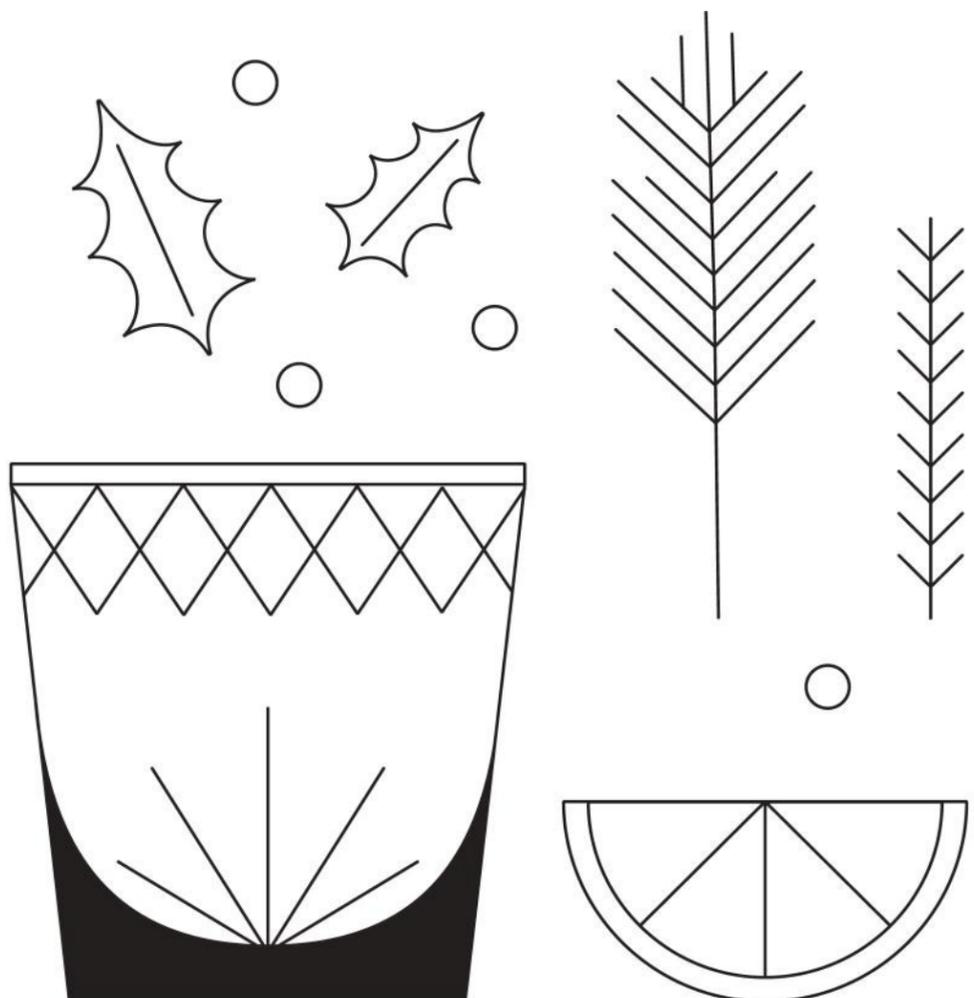
"Community and tribal organizations — and youth themselves — are incredible resources for change. Elevate Youth California partnerships with organizations like Pacific Clinics are essential to reaching youth and tackling the many personal and community impacts of the War on Drugs and substance use disorder," said Chet P. Hewitt, president and CEO of Sierra Health Foundation and the Center.

Elevate Youth California is managed by the Center under contract with the California Department of Health Care Services through Proposition 64, California Cannabis Tax Fund, Allocation 3, Youth Education Prevention Early Intervention and Treatment Account.

Established in 1926, Pacific Clinics is dedicated to unlocking the full potential of individuals, families and communities through behavioral health services, early education and training.

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