IMPACT REPORT 2019

COMMUNITY CHAMPIONS
<table>
<thead>
<tr>
<th>Page</th>
<th>Section</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>A JOINT MESSAGE</td>
<td>Words From our CEO and Board Chair</td>
</tr>
<tr>
<td>4</td>
<td>OUR MISSION</td>
<td>Defining our Commitment</td>
</tr>
<tr>
<td>5</td>
<td>OUR WORK</td>
<td>How We Help the Community</td>
</tr>
<tr>
<td>6</td>
<td>IMPACT BY THE NUMBERS</td>
<td>A Look at the Work</td>
</tr>
<tr>
<td>8</td>
<td>STORIES OF HOPE</td>
<td>Voices of our Champions</td>
</tr>
<tr>
<td>15</td>
<td>LEADERSHIP</td>
<td>Executive and Senior Management Teams</td>
</tr>
<tr>
<td>16</td>
<td>FINANCIALS</td>
<td>Careful Management of Resources</td>
</tr>
<tr>
<td>18</td>
<td>SUPPORTERS</td>
<td>Those Who Champion our Cause</td>
</tr>
<tr>
<td>22</td>
<td>PHOTO GALLERY</td>
<td>A Glance into Programs</td>
</tr>
</tbody>
</table>
A Joint Message from the President & CEO and Board Chair: Supporting Each Other As a Community

We are happy to share our impact report, Community Champions, with our clients, supporters and friends. It highlights the breadth and depth of the work that Pacific Clinics’ caring staff members do each day. Thanks to their dedication, Pacific Clinics remains a leader in behavioral healthcare and early education, offering critical and often life-changing support to over 22,300 people across Southern California.

Being able to reach so many people is essential to our having a positive and lasting impact on the communities we serve. But it is the stories of each individual that truly demonstrate how Pacific Clinics is able to meet the many different needs of the children and families who seek our aid.

The lives impacted by our services and staff are a testament to the strength of a caring community, as well as the resilience of those we serve, including people like:

- Vanessa, who enrolled her children in our Head Start program, and benefited from mental health services for her and her family.
- Zackery, who has forged a deep connection with his peer partner over a shared love of music.
- Amy, who found gentle, caring support for herself and her sister.
- Eleetha, who was helped through a depressive disorder and into a life full of new and positive relationships.
- And Sammie, whose creativity has flourished along with her own independence.

The journeys these community champions took were challenging. We are proud of Pacific Clinics’ role in helping them overcome their challenges. We feel privileged to be able to assist people – from the very youngest to seniors in our communities – at times of great need and in ways that help them become self-sufficient and successful. We do this work while knowing we must remain dedicated stewards of our resources and of the safety and security of our clients and their families.

We want to thank you for your continued support of our work ensuring that everyone can reach their potential and lead healthy, fulfilling lives.
Established in 1926, Pacific Clinics is a Southern California community-based behavioral health agency that provides mental health and supportive services. Each year, more than 22,300 individuals of all ages receive these services at more than 50 locations and 326 schools across Los Angeles, Orange, San Bernardino and Ventura counties.

**Our Mission**

*Building on people’s strengths, we deliver quality behavioral and mental healthcare services.*
Mental Health Treatment
Our services provide culturally appropriate and linguistically sensitive treatment for individuals and families who are low-income.

Supportive Services
We offer holistic supportive services, which include housing, employment and physical health to assist clients on their journey to recovery.

Educational Programs
Our educational programs, designed for all ages, prepare children for school and advance the knowledge of professionals in mental health and early education.
Your support helps us

Mental Health Treatment
Our professional, culturally competent staff have increased the number of individuals and families reached through our high-quality services in the community.

- 48% Male
- 52% Female

- 8% 0-5 Years
- 26% 6-15 Years
- 21% 16-25 Years
- 36% 26-59 Years
- 8% 60+ Years

- 12% Latino/Hispanic
- 28% White/Caucasian
- 13% Asian/Pacific Islander
- 39% Black/African American

- 1% Unknown

- 22,365 Individuals and families served
- 22 Languages offered to provide services
- 1,136 Employees who work at Pacific Clinics
- 326 Schools where Pacific Clinics provides services
### Supportive Services
Our holistic approach to care helps individuals navigate medical visits with primary physicians, assists with job training and offers housing.

<table>
<thead>
<tr>
<th>Service</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children received employment assistance services</td>
<td>223</td>
</tr>
<tr>
<td>Adults received assistance during medical visits</td>
<td>151</td>
</tr>
<tr>
<td>People were provided housing or housing assistance</td>
<td>1,222</td>
</tr>
</tbody>
</table>

### Educational Programs
We have continued to impact children and adults through our Head Start early childhood education program, Pacific Clinics Training Institute (PCTI) and Recovery Education Institute (REI).

<table>
<thead>
<tr>
<th>Program</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individuals attended training with PCTI</td>
<td>3,095</td>
</tr>
<tr>
<td>Students enrolled in our Recovery Education Institute</td>
<td>567</td>
</tr>
<tr>
<td>Graduate students interned at our sites</td>
<td>98</td>
</tr>
</tbody>
</table>

### Head Start Impact
Pacific Clinics’ Head Start program provides comprehensive early education for children ages 0 to 5, as well as support to parents and caregivers.

<table>
<thead>
<tr>
<th>Category</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children Served</td>
<td>753</td>
</tr>
<tr>
<td>Families Served</td>
<td>672</td>
</tr>
<tr>
<td>Average Daily Attendance</td>
<td>85%</td>
</tr>
<tr>
<td>Hours of Service Provided</td>
<td>1,235</td>
</tr>
<tr>
<td>Children Received Dental Exams</td>
<td>280</td>
</tr>
<tr>
<td>Children Received Hearing Screenings</td>
<td>691</td>
</tr>
<tr>
<td>Children Received Vision Screenings</td>
<td>697</td>
</tr>
<tr>
<td>Meals Served</td>
<td>148k</td>
</tr>
</tbody>
</table>
The journey to recovery can be challenging and we are committed to offering tools to support and address the unique needs of our clients. Likewise, our clients are committed to wellness and partner with our treatment teams to receive services.

The following stories highlight some of our champions who are working together to overcome obstacles and achieve mental health.
Vanessa, a mother of five, and her family were homeless and living out of a van. From sleeping on a family member’s couch to living in transitional housing, she worked hard to provide for her family and put the needs of her children first so they would have every opportunity to be successful in life.

At the age of 3, Vanessa’s youngest son Jacob was enrolled in our Head Start program and received home-based services. Vanessa was paired with Family Child Care Specialist Peggy who visited and educated her on parenting skills, as well as games that would enhance her children’s cognitive and behavioral skills. “She would come to my house once a week and help me with parenting classes and what to do like reading and how to interact with my kids,” said Vanessa. Peggy not only provided Vanessa with tools to help her children, but assisted with household necessities, including food. “Peggy helped me a lot. She would get shoes, clothes, diapers, bottles, nursing bras, everything. She really goes out of her way.”

Today, Vanessa’s youngest daughter, Mikayla, is enrolled at Head Start where she is learning science, technology, engineering and math (STEM), as well as socio-emotional coping skills. With the help of Peggy and other Pacific Clinics Head Start teachers, Vanessa’s children also received referrals to the Regional Centers for speech therapy.

Our early educational programs focus not only on the development of children and their physical and mental health, but also on the diverse and individual needs of the parents and the family.

Due to traumas early in Vanessa’s life, including being physically assaulted and abused as a child, she was encouraged to take advantage of mental health services, for herself and her children. “It has been a struggle for all of us still. It has been a lot on the kids, so all of my kids and I are in therapy.”

Peggy’s philosophy and approach to helping the families she’s assigned is to simply talk and do everything in her power to provide them with resources. She says, “I’ve been with Head Start for over 25 years. I understand what moms go through and that’s why I want to stay in child development and mental health...in order to help others.”

As children develop, grow up and enter their teen years, we continue to work with them and their families, learning together and providing community support and resources.

Like Vanessa, Zackery has overcome much adversity and receives support from Christian, a peer partner.
Zackery and Christian

**TAY HOPE DROP-IN CENTER | IRWINDALE**

Zackery is a typical 21-year-old. He loves listening to his favorite band, watching television and playing games like pool. However, at the tender age of 5, he walked into the bathroom to find his mother on the floor. She had passed away from a heart attack. “It has been really hard for me. I had a lot of anger because of the loss of my mom.”

Because he was so young, the only memories he has left of his mother are on a video of select holidays – Easter, Christmas and his birthday – as well as a few photos.

Growing up, Zackery was teased and bullied due to his learning disabilities. He recalls these moments saying, “I was bullied from middle school through high school.”

Since his mother’s passing, Zackery’s support system consisted of his father and brother, but when he came to Pacific Clinics, he had an entire new team ready to support him.

After being diagnosed with Post Traumatic Stress Disorder (PTSD) and major depression, he received therapy services at Pacific Clinics’ Covina site, but shortly after was referred to the Hope Drop-in Center in Irwindale. The Drop-in Center provides a safe place for transitional aged youth, ages 16-25, who are looking for support, healing and care seven days a week.

“I love coming here. It brings me hope that I can see another day, and better myself and help others better themselves too.”

A member of Zackery’s support team is Peer Partner Christian. Christian can relate to Zackery in a way that not many others can.

Through music and personal experiences, Zackery and Christian bonded. With Christian having his own band and Zackery eager to learn electric guitar, their connection grew.

Today, Zackery is focusing on his future rather than the past. He is in money management classes and aspires to be an entertainer.

Not only do we provide support to our clients through our caring staff, but we provide support to family members who have loved ones struggling with mental illness.

**Amy** didn’t know where to go or who to speak with in order to seek help for her sister, until she met **Joice, a mental health therapist.**

“**I love coming here. It brings me hope that I can see another day, and better myself and help others better themselves too.**”

— Zackery
At a time when it seemed like no one was willing to help Amy and her little sister C.C., Mental Health Therapist Joice came into their lives.

Ever since Amy can remember, she has always been her younger sister’s keeper and caretaker. When Amy was 16 years old, she moved to California.

When Amy left, C.C., age 12, felt abandoned and began to isolate. When C.C. turned 21, Amy asked her sister to move to California and live with her in hopes that C.C. could have a clean slate and turn a new leaf. While in California, C.C. improved, earning her high school diploma, an associates degree and found a good job. But C.C. continued struggling with her mental illness.

In 2018, C.C. insisted that she check in to a psychiatric hospital. Prior to her release, Amy did everything she could to find her sister help outside of the hospital. Finding a therapist who spoke Cantonese and understood how culturally appropriate treatment would benefit C.C. was tremendously hard. “Every time I spoke with someone, before I could explain why I was calling, I was met with ‘do you have private insurance?’ I began to feel deflated, defeated, helpless.”

As she went down the list of resources, she called Pacific Clinics and spoke with Joice. Joice’s warm, calm and caring demeanor made Amy feel special and heard, a feeling she had not felt from other providers.

“Joice is very special. She’s not just a therapist, she’s part of our family. I feel so fortunate to have found a person who truly listens and cares,” Amy says.

Amy attributes C.C.’s improvements to Joice’s work, much as Eletha has found her own champion in Meagan, a mental health worker.
As adults, we can carry the traumas of our childhood with us like baggage. As a child and well into her adulthood, Eletha experienced and witnessed significant trauma. Her mother was murdered in front of her at the young age of 5. Shortly thereafter, she was under the care of her uncle. During her time with him, she was repeatedly molested. A year later, her father came to take her away and move to California. She had hopes of a bright future and was determined to do well in school; however, life took an unexpected turn. Her father’s new wife was physically, verbally and emotionally abusive to Eletha. She would hit her and spoke ill of her deceased mother. This lasted until Eletha was 17 years old and moved out.

At the age of 25, Eletha was married and expecting her first child, but her husband did not want to be a father. At five months, he beat her so badly that she miscarried. “I was sad and depressed. I just wanted to die. I had enough.”

After her divorce, she attempted suicide several times. Going in and out of psychiatric hospitals, she was not ready to accept the help that was being offered. It wasn’t until after she completed a 9-month transitional program that she was connected with Pacific Clinics and met Mental Health Therapist Meagan.

When Meagan began treating Eletha, she had feelings of worthlessness and low self-esteem. She also had difficulty accepting help and acknowledging she was hearing voices in her head. Initially, Eletha was diagnosed with major depressive order, but later was diagnosed with schizoaffective disorder.

Meagan supported Eletha by teaching her healthy coping skills, life skills and managing her emotions. Since then, Eletha has been on medication and improved significantly. “I am a person of determination. I didn’t think a year ago, I would be as strong as I am now,” Eletha says.

Today, Eletha rents a room, manages her own money and is very involved in Pacific Clinics’ Consumer Quality Assurance Board (C-QAB), a consumer-led advisory committee that empowers clients to share feedback and affect changes that benefit those the agency serves.

As she continues to grow in her recovery, Meagan hopes that Eletha is proud of her progress, views herself as more than her trauma and remains open to new and positive relationships. Meagan states, “Her case worker and I are just the training wheels. Eletha is steering the bike.”

Like Eletha, Sammie too has learned how to cope with life’s hardships with the help of Linette, a peer partner, who has made it easier to achieve wellness.

“I am a person of determination. I didn’t think a year ago, I would be as strong as I am now.” — Eletha
Sammie was living on the streets of Los Angeles, homeless and suffering from bipolar disorder. She was hospitalized after an episode and throughout her stay, various community agencies visited with her to share how they could help once she was discharged. When she left the hospital, Sammie remembered the individuals she connected with from Pacific Clinics and reached out to begin outpatient treatment.

Sammie participated in group therapy and community events to help manage her illness and worked with her treatment team. One of the members on her team was Peer Partner Linette. Linette, like Sammie, was previously a client. After a breast cancer diagnosis in 2015, Linette thought she was suffering from depression, but after receiving mental health treatment, she was diagnosed with anxiety. Once in remission, Linette’s employment specialist encouraged her to apply for the peer partner program. Peer partners are individuals with lived experience who serve as role models and mentors for our clients. They provide guidance and encourage clients to be an active participant in their recovery process through group activities, events, meetings and important interactions.

As part of Sammie’s recovery, she engaged in interior decorating as a way to uplift herself, as well as others. When Linette and Sammie met, Sammie needed help enhancing the aesthetics of the main room at our West Covina site. Linette was happy to assist Sammie with her vision. “Sammie’s very creative. One time, we decorated the room and she brought mermaid Barbie dolls and hung paper cranes from the ceiling for a Spring/Summer theme. When the main room is decorated it creates a warm and inviting area for clients and newcomers,” says Linette.

In addition to Sammie’s art and creative activities, she also joined Pacific Clinics’ Consumer Quality Assurance Board (C-QAB) to vocalize her thoughts and ideas on how programs and services can continue to improve and support others.

Linette runs several activity groups that focus on art, dance, and camaraderie among women. The Pink Ladies group is a women’s empowerment group that gives women an opportunity to gather, talk, share and go on field trips together.

Today, Sammie is doing well and lives independently in her own apartment. “I’ve grown a lot with Pacific Clinics and have been coming here for 7 years. I’m grateful for all their help and Linette’s support,” says Sammie.

Sammie and the others’ stories are five examples of how clients and staff come together to support each other, creating a healthy community.

“I’ve grown a lot with Pacific Clinics and have been coming here for 7 years. I’m grateful for all their help and Linette’s support.”

— Sammie
These outstanding community leaders serve on Pacific Clinics’ Board of Directors to help further the agency’s mission and work in the community.
Pacific Clinics’ executive and senior management teams are cross-organizational groups focusing on strategic and financial planning, organizational values and stakeholder partnerships, all for the fulfillment of the vision and mission of the agency.

**MEET OUR LEADERSHIP TEAM**

James J. Balla, MBA  
President & CEO

Shawn M. Caracoza, LCSW  
Executive Vice President & Chief Clinical Officer

Kris Giordano  
Executive Vice President & Chief Administrative Officer

Joseph Wong  
Chief Financial Officer

Lucy Pliskin  
Vice President of Human Resources

Shawn Aminian  
Vice President of Information Technology

Pablo Anabalon, PsyD  
Vice President of Clinical Services and Substance Abuse

Ara S. Artinian  
Vice President of Operations

Sharon Baker  
Vice President of Claims Operations

Jennifer D’Alvarez, MBA  
Vice President of Advancement

Scott Fairhurst, PhD  
Vice President of Clinical Outcomes, Training and Special Projects

Myeisha Peguero Gamiño, MA  
Vice President of Public Affairs and Advocacy

Luis M. Garcia, PsyD  
Vice President of Quality Care, Cultural Diversity and Governmental & Community Relations

George Holbrook, LMFT  
Corporate Compliance and HIPAA Privacy Officer

Thaddeus Juarez, MD  
Medical Director

Laura Pancake, LCSW  
Vice President of Clinical Services, Housing, and Employment Services

Wassy Tesfa, MA  
Executive Director, Head Start
Pacific Clinics’ work would not be possible without the support and enthusiasm of partners in the public, private and philanthropic sectors, or the financial resources with which we have been entrusted. The financial pages of this annual report offer a clear and comprehensive picture of our ongoing efforts to be responsible financial stewards.

As stewards of the resources provided to us, we ensure the prudent use of these resources to support those we serve.
SOURCE OF FUNDING

- Los Angeles County: 84%
- Federal/Head Start: 9%
- San Bernardino County: 1%
- Orange County: 1%
- Ventura County: 1%
- Other Contracts: 1%
- General Fundraising / Other: 3%

Pacific Clinics’ Fiscal Year: July 1, 2018 to June 30, 2019

STATEMENT OF FINANCIAL POSITION

Assets
- Cash and Cash Equivalents: $18,808,446
- Contract and Other Receivables: $4,078,373
- Prepaid Expenses, Deposits & Other Assets: $2,130,067
- Property & Equipment: $6,125,987

Total Assets: $31,142,873

Liabilities
- Accounts Payable: $2,422,453
- Contracts Payable: $679,671
- Accrued Current Liabilities: $11,613,099
- Current Portion of Long-Term Liabilities: $142,611
- Total Long-Term Liabilities: $8,345,158

Total Liabilities: $23,202,932

Net Assets
- Beginning of Year: $7,661,383
- Ending of Year: $7,939,941

Change in Net Assets
- Total Changes: $278,558
- Without Donor Restrictions: $214,033
- With Donor Restrictions: $64,525

Net Assets Released From Restrictions
- Without Donor Restrictions: $223,234
- With Donor Restrictions: $64,525

Other Financial Information
- Total Revenues: $104,783,631
- Total Expenses: $104,681,133
- Total Financial Position: $1,102,500

STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS

Revenues
- Grants and Contracts: $91,529,961
- Federal Awards: $11,399,386
- Contributions: $652,928
- Investment Income: $215,750
- Client and Third-Party Revenue: $338,631
- Lease Income: $9,685
- Other: $414,056

Total Revenues: $104,783,631

Expenses
- Program Services: $83,841,525
- Supporting Services: $20,839,608
- Other: $414,056

Total Expenses: $104,681,133

Change in Net Assets
- Without Donor Restrictions: $214,033
- With Donor Restrictions: $64,525

Total Net Assets
- Beginning of Year: $7,661,383
- Ending of Year: $7,939,941

Financial Position
- Without Donor Restrictions: $7,661,383
- With Donor Restrictions: $7,939,941

Total Liabilities and Net Assets
- Without Donor Restrictions: $31,142,873
- With Donor Restrictions: $31,142,873

Pacific Clinics’ Fiscal Year: July 1, 2018 to June 30, 2019
FUNDING
Funding is provided by the Counties of Los Angeles, San Bernardino, Orange, and Ventura, as well as the Mental Health Services Act (MHSA). Additional funding is provided by corporations, foundations and individual donors.

$100,000 AND ABOVE
Blue Shield of California

$50,000 - $99,999
Arthur J. Gallagher & Co.
Elzada F. Schweitzer
Charitable Trust
Mutual of America Foundation
QueensCare

$25,000 - $49,999
James J. Balla
Richard M. Dominguez
East West Bank
Epic Insurance Brokers & Consultants
H.N. & Frances C. Berger Foundation
Los Angeles Universal Preschool

$10,000 - $24,999
Greg Bowman, Ed.D. and Carolyn Bowman
Cal Mental Health Services Authorities
Cathay Bank Foundation
Elise Mudd Marvin Trust
May S. Farr
Louise Laraway Teal Foundation
NAMI - Asian Families, San Gabriel Valley
Pasadena Community Foundation
Warren B. Riley
RPS Monument, LLC
Share Our Strength
Thomas and Dorothy Leavey Foundation
Denise and Russel E. Tyner

$5,000 - $9,999
ABC7
John H. Barrow
Kent M. Crawford
Diamond Bar High School
Patricia and George D. Drucker
Kelly and Michael J. Dunn
Dunn Property Group
Cheryl Fair
Great American Insurance Group
Stacy W. Harrison
Kaiser Foundation Hospitals
Janice Lee-McMahon
NPO Solutions
RSM US LLP
David S. Wachtel
Ellen Weinstein
Wells Fargo Philanthropic Services
Gayle M. Whittemore
Jerry Winkhofer

“I am proud to support Pacific Clinics’ mission to provide effective mental health services across our community. Having volunteered and supported the agency for more than a decade, I have seen their work make a significant difference for so many.”
— Mike Dunn, Dunn Property Group

$1,000 - $2,499.99
American Business Bank
Ronald C. Banks
Patricia Barreto
Wayne-Kent A. Bradshaw
Gregory Buchert
Shawn Caracozza
Rocco Cheng
Russell W. Chung
City of Pasadena
Matt Clemo
Coastal Building Services, Inc.
Michael Darling
Lisa and Richard de Lorimier
James A. Diepenbrock
Sylvia Dunbar
Richard Dunn Family Foundation
Joseph C. Dunn
Fred Fedail
Rogelio and Myeisha Gamiño
Kris Giordano
Emma Hair
Michele Hamlett
Huntington Hospital
Joel Partners
Zaven and Nina Kazazian
S&B Pharma Inc
Diane Schultheis
Cedric Smith
Rose Tantraphol
Sedora Tantraphol
The Charitable Foundation - Berkshire
Hathaway Home Services
Ultimate Software
John Wacker
Walt Disney Television-ABC
Joseph and Melissa Wander
Judith R. Weinstein
Wellington, Inc.
Georgina Yoshioka

Daniel Levin
Ellen Leyva
Jon McNutt
MillerCoors
William A. Molinski
Moonsail North
Steve Muskatell
Angela Nazari
Nonstop Wellness
David Ono
Orrick, Herrington, & Sutcliffe LLP
Laura S. Pancake
Maxine Paul
George and Nancy H. Ponce
Rosemead Kiwanis Foundation
S&amp;B Pharma Inc
Diane Schultheis
Cedric Smith
Rose Tantraphol
Sedora Tantraphol
The Charitable Foundation - Berkshire
Hathaway Home Services
Ultimate Software
John Wacker
Walt Disney Television-ABC
Joseph and Melissa Wander
Judith R. Weinstein
Wellington, Inc.
Georgina Yoshioka
Thank You for Your Generous Support!

UNDER $1,000
Active Neighborhood Recycling Co.
Jamal Adams
Kenneth P. Adams
David Affeldt
Alhambra True Light Presbyterian Church
AmazonSmile Foundation
Shawn Aminian
Pablo Anabalon
Rhanara Anderson
Jane Antista
Yamile Arriola
Lara Arslanian
Alan Artunian
Gloria Avrech
Sharon E. Baker
Reuben Beezy
Eden Bennett
Michael Berk
Michele Bignardi
Nichol Bowman
Robert W. Bruesch
Beth & Wilbur Woo Family Foundation
Heidi Buech
Fernando Burgueno
Michael Butler
Justin Cao
Pauline Cavin
Karen Cervantes
Yu Mei Cheng
Thomas Chow
Winston W. Chow
MyungHwa H. Chung
Clermont Insurance Services, Inc.
Mary Cline
Jerry Cohen
Dawn Collins
Chris Conway
Bethany Corey
Cara Cruz
Reynaldo Cruz
James Dawson
Michael J. Delaney
Phil Devine
J Dhatchayangkul
Disability Rights Education & Defense Fund, Inc.
Aimee Dorr
Cindy Dowling
Kathleen Drummy
Leslie Duarte
E-Central Credit Union
Catherine L. Enarson
Rose Endriga
Scott Fairhurst
Barbara Farash
Phil Feghali
Denise Ferguson
Carlos Fierro
Pedro M. Florescio
Arlene Forster
Don L. Franken
Maria P. Froilan
Maye I. Fukimoto
Robert Fukuzaki
Allison Fuller
Suzanne Galletty
David Garcia
Luis M. Garcia
Gerard Gastelum
Marilyn G. Geller
Mark Geller
Gale Giovannetti
Bill Girdner
Evelyn Glaser
Jennifer Goble
Terry S. Gock, PhD
Alexis Golling-Sledge
Matt Grahn
Kelly Grant
Greater Berean Missionary Baptist Church
Hacienda La Puente USD
Jeff Hairell
Linsay Hallin
Ibrahim Hanna
Elana Helgesen
Dezzarae Henderson
Susan Henry
George Holbrook
Billy Huang
Keshia Hundley
Imprenta Communications Group, Inc.
Beatriz Isaac
Denise Joyce
Timothy C. Jahn
Henry Jannace
Jewish Community Foundation
Luke Johnson
Donna Johnston
Matt Kamin
Berjd Karapetian
Aram Kazazian
Barbara Kekich
Patricia R. Knight
Reiko Kondo
Shinaan Krakoswky
Linda and John B. Labrie
Nancy Lahey
Amy Lawrence
Fanny Lee
Jason Lee
Yung Soon Lee
Herb Lehman
Okchun Lew
Carol Lewis
Charlene V. Lewis
Scott Litman
Kelly Logan
Rose Lopez
Valerie Lord
Josh Lushch
Barbara L. Mack
Melba Macneil
Cristina C. Madrid
Lou A. Mallory
Elisabeth Mann
Beth Marcus
Froilan Maria
Elsa Marquez
Lori Marshall
Maria Martin
Lewise A. Mathies
Sherman L. McClellan
Scott McKenzie
Ricardo Mendez
Armando B. Mendoza
Gary Micon
Jean Miller
Margaret Morrison
Mike Musquiz
Mimi Musquiz
Ali Naimi
Yasmin Navarro
Network for Good
Monica Ng
Wai Ng
Niki Nghe
Robert S. Nishinaka
Ben Norton
Rose Norton
Darlene Olivarz-Hee
On-Camera Audiences, Inc.
Joseph R. Ortiz
Tina Ortiz
Denise Parham
Bernard Peltzie
Vivian Perez
Chris Pham
Philanthropy International
Evelyn Pickering
Claire E. Pinkston
Monique Poche
Ross Ponedel
Diane Poon
Brandy-Ann Pope
Nancy Portilla
Wendy Price
Elisabeth Prudhomme
Dallas Raines
Rami, Inc., Alpha Pharmacy
Cecilia R. Ramirez
Mahenigaar Rao
Tyler Richards
Alison Rivas
Chris Rivera
Ellen Robinson
Nancy Robles
Peter Rodriguez
Paul J. Rubin
Brian Russell
Gail Russell
Lindy L. Russell
Lee Sailor
Linda D. Sakellariou
Bruce Saltzer
Teresa Samaniego
Maritza Sanchez-Town
Patricia Sandoval
George Scharenberg
Leslie Schenker
Kathleen F. Schick
Rosario Scrivano
Julia Seifer
Joel Shapiro
Bernard Y. Shih
Marie L. Slonski
Linda Somers
James Southwood
Betty Stevens
Long H. Than
Dorothy Thorman
Joanne Tran
Trust by Frontstream
United Way Capital Region
United Way of Greater Los Angeles
Steve Uribe
Rita Velat
William E. Vollero, M.D.
Michael Wagner
Kathryn P. Wallace
Paul Ware
Diane Weinstein
Karen R. Weinstein
David H. Weiss
Gersh Weltman
Cynthia and Larry White
Elsa Willard
Bill Williams
Emily Wisneski
Sharon Wolfe
Jade N. Wong
Joseph Wong
Linda Renee Woodruff
Hsiu-Hsia Yu
John Zumwalt
Agua Caliente
James J. Balla
Gregory Bowman
Callaway Vineyard & Winery
Shawn Caracoza
Charles Wine Company, LLC
April Cheney, Effleurage Studio
Cline Cellars
Vincent J. DeRosa
Michael J. Dunn
Nikki Farrah
Myeisha Peguero Gamino
Larry Guerra, Topa Mountain Winery
In-N-Out Burger
Irene Improv
Knollwood Country Club
Lewis, Roca, Rothgerber, Christie, LLC
Kelly Logan
Los Angeles County
Los Angeles Philharmonic
Miracle Springs Resort & Spa
Morgan Casino Resort and Spa
Mt. Lowe Brewing Co
Museum of Tolerance
Natural History Museum of Los Angeles
Dena Oberst
Odyssey Theatre Ensemble
Orrick, Herrington & Sutcliffe LLP
Picasso’s Cafe, Bakery & Catering
Lynette Reed, Trilogy Lash
Christine Reno
Ripley’s Believe it or Not Odditorium
Claudia Rodriguez Moeller
Chuck Tapert, StoneTapert
Cynthia and Larry White
Alliant International University
Azusa Pacific University
Cal Baptist University
California State University, Los Angeles
California State University, Dominguez Hills
California State University, Long Beach
California State University, San Bernardino
California State Polytechnic University, Pomona
Fuller Graduate School of Psychology
Fuller Theological Seminary
Howard University
Loma Linda University
Mount Saint Mary’s University
Pace University
Palo Alto University
University of Indianapolis
University of La Verne
University of Southern California
Asian Pacific Health Care Venture, Inc
California Department of Education
California Department of Rehabilitation
California Office of Statewide Health Planning and Development
Five Acres
Homeless Health Care Los Angeles
Housing Authority of the City of Los Angeles
Housing Authority of the County of Los Angeles
Los Angeles County Board of Supervisors
Los Angeles County Department of Children and Family Services
Los Angeles County Probation Department
Los Angeles County Sheriff’s Department
Los Angeles County Department of Mental Health
Los Angeles County Department of Public Health
Los Angeles Homeless Services Authority
NAMI San Gabriel Valley
Commission on Accreditation of Rehabilitation Facilities
American Psychological Association
Affiliations:
Asian Pacific Policy and Planning Council
Affiliated:
We have made every effort to acknowledge anyone who made a contribution to Pacific Clinics between July 1, 2018 and June 30, 2019. If your name is not listed or is incorrect, we deeply apologize. Please contact the Development Department at (626) 254-5057.

SUPPORTING MENTAL AND PHYSICAL HEALTH
QueensCare Grants Pacific Clinics $50,000 for Medical Equipment

According to a study published by The Lancet Psychiatry, people with mental illness face increased risks of physical disease, reduced access to healthcare and loss of mortality, sometimes due to anti-psychotic medications. Recognizing this issue, Pacific Clinics’ services include support for mental and physical health.

QueensCare, a faith-based organization that provides accessible healthcare for low-income and uninsured working individuals and families in Los Angeles County, awarded Pacific Clinics with a $50,000 grant to purchase and install 28 sets of hospital-grade medical equipment, train medication support staff and conduct 24,395 physical health and vital screenings for 5,088 clients.

This generous grant enabled staff to identify risk factors for chronic health conditions, such as high blood pressure, hypertension and diabetes, and advance our integrated healthcare model that supports a comprehensive approach to mental illness and physical health.

The hospital-grade medical equipment consisted of weight scales with a low step-lip and railings to accommodate individuals who have difficulty ambulating and stepping onto a regular scale and height rods to conveniently assess, weigh and monitor height simultaneously. Additionally, vital sign machines with digital infrared non-contact thermometers, fingertip pulse oximeters and digital pressure monitors with various cuff sizes were purchased.

By addressing the full scope of needs and tracking the potential side effects from prescribed medications, Pacific Clinics aims to increase the health and quality of life for those served.

In the event a risk is presented, the treatment team is able to work with clients and their primary care physicians for further treatment.

The collaboration between our clients, medical staff and primary care physicians helps to ensure that our clients and their families achieve a higher quality life.
We look back at the past year to reflect on the work that impacts those we serve. Below are photos highlighting the many ways we actively support the community.

**PHOTOBOOK GALLERY**

We look back at the past year to reflect on the work that impacts those we serve. Below are photos highlighting the many ways we actively support the community.

**ADVOCACY DAY | WASHINGTON, D.C.**
Head Start team meets with representatives. L-R: Board member Russ Chung, Wassy Tesfa, Congressman Judy Chu, Lisette Ayerdís-Hernandez, Nancy Lopez, Kris Giordano, Myeisha Gamiño

**ANNUAL CONFERENCES | SAN GABRIEL VALLEY**
Speakers for MILES and Latino Mental Health conferences: Secr. of State Alex Padilla & LA County First District Mental Health Deputy Jennifer Vallejo.

**EDUCATION AND COMMUNITY EVENTS | SAN GABRIEL VALLEY**
Our early childhood education program gives children and parents a head start in learning and parenting skills. Community events are hosted throughout the year to educate the public about our services.
ADULT EDUCATION | ORANGE COUNTY
Students busy at work in the computer lab at our Recovery Education Institute.

NAMIWALKS | LOS ANGELES
Staff gather before the annual NAMIWalk at Grand Park in Downtown Los Angeles.

THANKSGIVING EVENT | IRWINDALE
Hope Drop-in Center provides transitional aged youth and their families with a meal and live entertainment.

CHAMPIONS OF MENTAL HEALTH ANNUAL CELEBRATION | PASADENA
Mental Health Champions, clients and hosts enjoy our annual celebration. L-R: David Ono; Emily Wang; Metta World Peace; Ellen Levya; Congresswoman Grace F. Napolitano; Jenifer Lewis; Sammie; Lori; Eletha and Julian.
COMMUNITY CHAMPIONS
Impact Report 2019