Introduction

Welcome prospective intern! We are excited you are interested in the APA accredited internship at Pacific Clinics. In this brochure we hope to answer as many questions about the training program as possible. However, we are happy to answer any questions you might have. If as you read through this brochure and have any questions please do not hesitate to reach out to Dr. Valeria Romero, Training Director, at varomero@pacificclinics.org. We are aware that especially this year there will be many unique circumstances and question.

Pacific Clinics has offered psychology intern training for over 50 years and has a strong commitment to training. The intern program has been APA-accredited since February of 1988. In August 2017, we received APA accreditation for an additional 10 years and are accredited until the year 2027! We are exceptionally proud of our long history of providing high quality training to psychology interns. For the 2021-2022 internship year a total of (7) seven full-time intern slots have been funded for the training year.

The clinical psychology intern training program has a community service emphasis; consistent with the core values of community mental health and geared to the challenges typically confronted by psychologists in these types of settings. Our teams are filled with individuals from multiple guilds that all share a passion to make a difference in the community and provide services to consumers that typically are underserved. The work can be challenging at times and, but is always rewarding!
The interns:
- Match to one of 4 tracks for their primary placement:
  1. Adult Outpatient (2 placements)
  2. Child/Adolescent/Family (2 placement)
  3. 0-5 Child Outpatient (1 placement)
  4. Asian Pacific Family Center (Children, Adolescents, Families and Adults) (2 positions, can be wither adult focused, child focused, or a combination)
- Work at a primary placement 4 days per week within their track
- Work at a secondary placement (explained in further detail below) one-day per week at to broaden the intern’s clinical experience.
- Receive supervised practical experience in intakes, psychological assessment, diagnosis and treatment planning, case management, and psychotherapy with a wide range of individuals of varying ages and mental health disorders.
- Are exposed to issues and skill development in community/clinical psychology such as community consultations, systems concerns, program development, consultation, and indirect psychological services.
- Have multiple training opportunities in psychological assessment, family therapy, treatment of severely disturbed adults, children exposed to trauma, treatment of older adults and the homeless, and wellness programs.
- Are given significant responsibility in their clinical work, which is accompanied by considerable support and supervision to maximize their learning.
- Provide supervision to a psychology practicum student
- Participate in group supervision, supervision of supervision, team meetings, diversity trainings, and other learning opportunities.

CURRENT MODIFICATIONS DUE TO COVID-19

Due to COVID we are currently fully remote until at least January of 2021. It is likely the internship Pacific Clinics will remain at least in part remote for the 2021-2022 internship year. We have actively worked since March to make modifications necessary to allow us to continue to provide clinical services and intern training while also ensuring the safety of the psychology interns.

1. Supervision: Currently all supervision is being conducted remotely with video and will continue to be remote while we are working remote and while we are approved to do so. We expect that for the 2021-2022 intern cohort we can return to in person supervision.
2. Trainings: All didactics have been transitioned to being done remotely. It is likely that for most trainings and workshops that require large groups we will continue to use remote
options for the foreseeable future. This includes training seminars, case conferences, and rotation meetings (Consultation/Research and Psychological Assessment).

3. **Direct services:** Intakes, re-assessment, individual therapy, family therapy, group therapy, and consultations are currently all being conducted remotely. The agency hopes that by the 2021-2022 internship year we are able to provide at least some services in person. These decisions will be made based on the best interest of the consumers and the need to keep staff safe. We do have PPE that is available to our staff when needed.

4. **Psychological Assessment:** We have begun providing psychological assessments remotely. While there are some limitations to assessment due to being remote, we are working to provide as much useful assessment as we can. It is our hope that by 2021-2022 we will be able to provide psychological assessment in person or by using a hybrid of in person and remote.

**THE AGENCY**

Pacific Clinics is a private, non-profit 501(c)(3) corporation, and has been providing behavioral healthcare services in Los Angeles County since 1926. We provide community-based programs for children, adolescents, transitional-age youth, adults, and older adults. Pacific Clinics is one of the largest mental health providers in Southern California with approximately 80 now service locations in Los Angeles, Orange, San Bernardino and Ventura counties, including many off-site locations in schools and communities. Psychology interns are placed within service locations only in Los Angeles County.

The agency incorporates family-friendly, strengths-based models into its programs and services for consumers of all ages. Even when working with adults our staff understand that their families or significant others play a vital role in their recovery and when permitted by the consumer, we do work within those support systems as well. Services target a range of mental health concerns, including prevention and early intervention. Many programs are designed to engage persons with chronic and persistent severe mental illness, by utilizing state-of-the-art services that promote recovery and wellness helping consumers to make a difference in their own lives. Pacific Clinics’ Core Values affirm that we exist as an organization to assure that individuals and families reach the highest level of functioning and the best quality of life possible for them, that the consumer is our first priority, that family and friends are essential to the recovery process, that clients and family members should play an important part in determining treatment, that cultural competence is essential and that staff is our most valuable asset. We recognize without our staff, including our interns, we would not be able to provide the services so needed in our communities.

**INTERNSHIP MISSION AND TRAINING MODEL**

The mission of the psychology internship program at Pacific Clinics is to provide experiential training from a broad, generalist perspective with the goal of developing interns’ basic competency to provide mental health services in community-based settings.

We believe that an internship in clinical psychology is an important step in the development of competent psychologists who will soon be able to function as Health Service Psychologists in a
variety of settings. Our intention is to help the intern transition from graduate student to independent professional practice over the course of the internship experience. As a community mental health center, we want interns to understand the special skills required in community public practice, especially with underserved and multicultural populations.

The internship employs a model of evidence-based psychotherapy practice, that includes elements of disciplined inquiry and the local clinical scientist models. Over the internship year, the intern will solidify their theoretical formulations and learn to examine the applicability of empirically supported treatments to the local multicultural target populations served by the agency. Interns are challenged and trained in critical thinking and observation skills. They learn to focus their interventions, while examining the assumptions and limitations of those interventions with our diverse consumers so they can articulate a range of practices, including empirically supported therapy relationships that might address the problems they encounter.

Accordingly, interns need to develop a range of skills, attitudes, ethics, values, sensitivities, and compassion that will make them useful and protective of the people they serve in our community. The intern experience is designed to teach, model, provide experience, and verify professional psychology competencies.

**Internship Training Goals**

The overriding goal of the psychology internship program at Pacific Clinics is to prepare interns for professional practice as entry-level psychologists. To this end, the internship program endeavors to promote awareness and skill development within the nine primary areas of profession wide competencies, which incorporate our mission, model of training, as well as the skills required of community practitioners. The nine areas are: (1) Research (2) Ethical and Legal Standards (3) Individual and Cultural Diversity (4) Professional Values, Attitudes, and Behaviors (5) Communication and Interpersonal Skills (6) Assessment (7) Intervention (8) Supervision (9) Consultation and Interprofessional/Interdisciplinary Skills.

In addition to the nine profession wide competencies, Pacific Clinics requires an additional competency of **Understanding Community Based Services**. These ten (10) competency areas were selected as necessary for preparing interns to become independently licensed as psychologists who can work effectively within community mental health settings. The goal is for each intern to demonstrate an intermediate-to-advanced level of professional expertise in each of the competency areas by the end of their training year.

**The Intern Program Structure**

The internship at Pacific Clinics is full-time, 40 hours per week yearlong internship. The internship begins September 1, 2021 and continues for one year (52 weeks). The final day of the internship is August 31, 2022. Hours worked will be paid at no less than the applicable minimum wage. Interns will be offered health benefits and all staff are provided access to the Employee Assistance Program. Interns are also eligible to contribute to Pacific Clinics’ 403(b) retirement plan through payroll deduction; there is no employer match. Interns accrue vacation and sick leave hours and are eligible to use these accrued hours after the initial 90-day period. All interns are

Interns are expected to contribute sixteen (16) hours of direct services weekly, and the remainder of their work week is spent in supervision, workshops, seminars, case conferences, team meetings, assessment, case management, study, and documentation. Formal training generally occurs on Wednesday mornings, and all interns are required to attend agency specific trainings (i.e., documentation, electronic health records, etc.), EBP trainings, and pre-licensure trainings (i.e., Child Abuse, Intimate Partner Violence).

Interns are also able to attend additional trainings offered by our Pacific Clinics Training Institute for free with clearance from their primary supervisor or training director. The PC Institute provides multiple APA approved trainings and is a training facility utilized by many local mental health professionals. Interns are also expected to attend their program’s staff meeting and any other additional meetings required by their supervisors such as disposition meetings, treatment planning meetings, etc. All interns generally are required to work one or two evenings per week, particularly for the child and family rotations. Apart from this, schedules for interns are set in cooperation with their primary supervisors. Please note that interns are generally not allowed leave time (Vacation/Dissertation) during the first month of the internship (due to mandatory orientation training) or the last month of the internship. Interns are expected to work five days a week for 8 hours per day.

Each intern has a primary placement within their matched track and a secondary placement that can be in the same track or a different track. For example, an intern in the Child and Family primary track could have their secondary in another Child and Family site, or if the intern would like to broaden their experience could have a secondary in a different track such as the Adult track of the Consultation and Research track. The intern’s office, primary supervisor, and ten (10) to thirteen (13) hours of direct service will be at the primary placement site. The secondary placement is designed to broaden experience with another clinical population, other supervisors, and/or another clinic. Some secondary placements may be based at the same location as the primary placement but involve exposure to and working with a different clinical population. The intern will have four (4) to six (6) hours of direct service and community work attached to the secondary placement. Interns are expected to dedicate a minimum of 16 hours per week in clinical services between their primary and secondary placements. The intern is also expected to do a minimum of two full battery psychological assessments during the internship year. In addition to full batteries interns are also expected to utilize ongoing assessment measures with consumers if appropriate. These are referred to as partial assessments and a minimum of four (4) partial assessments are required. The intern testing experience will occur mainly within their primary placement, but interns are expected to conduct testing services across the various populations Pacific Clinics serves.

**Supervision**

Interns receive at least four hours of supervision per week. Each intern has two individual supervisors and meets with each of them for at least one hour per week. The intern’s primary and secondary supervisors are licensed psychologist on the staff of the intern’s primary placement. Tertiary supervisors can be from other disciplines to take advantage of our multi-disciplinary setting. The primary supervisor assumes full responsibility for the intern's schedule, program, professional development, and evaluation. All interns have group supervision with the training director throughout the year. This supervision focuses heavily on case conceptualization,
developing critical thinking skills, and other topics including professional development, self-care, licensure, etc. Interns also participate in a weekly Supervision of Supervision group supervision led by a psychologist. Assessment supervision and trainings are available for personality, intellectual, social/emotional, educational and projective testing.

Clinical supervisors work with interns to facilitate professional development in clarifying their own theoretical orientations. Primary supervisors directly observe some portions of their interns’ clinical work through videotape, live supervision, and/or co-therapy. Throughout the year interns are expected to grow in their awareness of their impact upon supervisors, supervisees, administration, other clinical staff, clerical staff, and peers. The development of this process is an integral part of the supervision relationship. The didactic training seminars also include attention to transference and countertransference issues. Personal psychotherapy may be recommended for interns if their lack of awareness interferes with the therapeutic process or staff/peer relationships.

The internship program contains elements of both receiving and providing supervision and consultation. Interns participate in a structured program of “Supervision of Supervision.” This allows the intern to provide clinical consultation to a practicum student in a structured, supervised setting. Through this training, interns engage in a worldview genogram exercise. The Worldview Genogram is a three-generational family of origin depiction of individual and cultural diversity constructs that impact a person’s identity formation. In the context of supervision, the exercise helps interns increase their awareness of how their worldview impacts who they are as a clinician, supervisee and supervisor. It is a strength’s based, non-pathologizing conceptualization of supervisor and supervisee values and worldview. It does require that interns be aware or open to learning about family of origin values information. Interns share their worldview genograms with the intern cohort and with their practicum supervisee.

**Training Seminars and Workshops**
The intern training at Pacific Clinics includes weekly seminars, workshops, and conferences throughout the year, consisting of a wide variety of programs. There are programs available on most of the expected professional competencies. Trainings occur more heavily in the fall to assist interns in feeling well prepared to meet the clinical needs of the populations served by Pacific Clinics. Supervision and training are available for personality, intellectual, social/emotional, educational and projective testing. Interns also have the option of attending pre-licensure required trainings provided by Pacific Clinics Training Institute at no cost.

Seminars include topics such as cultural issues, law and ethics, treatment of severe mental illness, family therapy, substance abuse and dual diagnosis treatment, community consultation, program development, child therapy, group therapy, professional issues, transference/counter-transference/reactivity, community services and resources, child abuse reporting/treatment, character disorders, administrative issues, etc. Each clinical program also has seminars specific to its population as well as case conferences. The yearlong integrative seminar with the training director focuses on professional issues, including special attention to psychological assessment, case presentations, and ethical issues. The Diversity Journal Club for interns generally meets once a month and provides opportunity for discussion and exploration of various diversity topics.

**Evaluations**
Formal intern evaluation occurs two times during the training year, in February and again in August. The intern is formally evaluated by the internship competency evaluation form that is based on 10 profession wide competencies. The final program evaluation is forwarded to the
Intern’s graduate program. These evaluation forms are completed by the primary supervisor after consulting the other supervisors and staff who have worked with the intern. Interns are also asked to complete a self-assessment four times per year and to discuss their assessment with their supervisor. Applicants are able to view our intern manual during the interview process, which contains our due process procedures, evaluation, and other intern-related forms.

**Intern Program Resources:**
Each intern is supplied with their own workstation, desktop computer, laptop computer, cell phone, email address, and online access to the computerized scoring programs. If remote work continues, interns will be provided the necessary office equipment and materials.

Each intern is given a testing kit, which includes a Rorschach, TAT, Stopwatch, MACI, MCMI-III, MMPI-2 and may include a Roberts 2. The program has numerous other testing instruments that are available for check out through the program’s administrative assistant who is housed at 2550 E. Foothill Blvd, in Pasadena, CA. Interns also have access to online test materials that can be emailed directly to the consumer, parent, or teacher when needed.

Interns may be required to drive to several different Pacific Clinics locations within any given day and must have a personal vehicle for transportation. As a result, interns must pass a driver’s clearance completed by Pacific Clinics transportation department. Pacific Clinics does reimburse for mileage.

**Shared Intern Experiences**
We are fortunate as a program to have each year a relatively large cohort of psychology interns. One of our emphases/goals as a program is the development of strong, supportive collegial relationships. Our 2013-2014 cohort requested that we add as section to the brochure that highlights the experiences that they share as a group. Each cohort “bequeaths” something to subsequent cohorts and this represents part of their legacy.

- Two hours of group supervision each week
- Participation in the Diversity Journal Club that meets monthly. Each intern brings to the group some aspect of the culturally responsive current literature to discuss with the rest of the cohort
- Supervision of Supervision training
- Supervision of a psychology practicum student
- World-View Genogram exercise as a cohort and with practicum supervisees
- Applied Science project which includes didactic training and presentation of results in a research colloquium. Interns have presented at state and national conferences on their projects.
- Formal Clinical Case presentation
- Spanish speaking group supervision
- Opportunities to present to community groups
- Testing didactics and broad range of testing referrals/supervision available.
- Cohort Potlucks! Most are themed: Favorite holiday foods, comfort foods, picnic foods, healthy foods, etc.
- Dim Sum celebration of the Lunar New Year
• Professional development, including help with the postdoctoral search process
• Internship graduation
• Local conferences

Tracks and Placements

The intern is matched through the APPIC application process to a specific track. There are currently 4 Tracks: 1) Adult Outpatient, 2) Child/Adolescent/Family, 3) 0-5 Child Outpatient, and 4) Asian Pacific Family Center (Children, Adolescents, Families and Adults).

Many of Pacific Clinic’s sites are multigenerational and interns will have the opportunity to work with clients of various ages. Interns generally choose, however, to focus their training to work primarily with adults or with children/adolescents/families. Interns desiring to work at the Asian Pacific Family Center (APFC) and who meet the language requirements are matched specifically with APFC. At APFC, interns typically see clients throughout the life span, but can request clients of a particular age range as the preference.

It is suggested that the prospective intern give rationale for their track preferences within their cover letter. Please note that interviews are scheduled with applicants for specific tracks. Applicants are generally only interviewed for one track, due to the large number of applications the Pacific Clinics Program receives. However, you can be considered for more than one track if you endorse on your application an interest in more than one track. It is suggested if you have an interest in more than one track you also explain your interest in these additional tracks in your cover letter. Secondary placements are awarded once the primary emphasis selection via the National Matching System has been concluded. Any change from the intern’s requested track or placements are discussed during the interview process.

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<thead>
<tr>
<th>Tracks</th>
<th>APPIC Program Code:</th>
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<tbody>
<tr>
<td>Asian Pacific Family Center (Children, Adolescents, Families and Adults)</td>
<td>114815</td>
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<tr>
<td>0-5 Child Outpatient</td>
<td>114817</td>
</tr>
<tr>
<td>Adult Outpatient</td>
<td>114818</td>
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<tr>
<td>Children/Adolescents/Family Outpatient</td>
<td>114819</td>
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Track Placement Information:

Child/Adolescent/Family Track Placements
Monrovia Outpatient Program

Primary Adult Track Placements
El Camino Outpatient Program
Primary 0-5 Child Outpatient Track
Pasadena 0-5 Outpatient Program

Asian Pacific Family Center
APFC Rosemead Outpatient Program

Secondary Placement options
El Camino (Older Adults/FSP) Outpatient Program
El Camino Outpatient Program
Monrovia Outpatient Program
Passageways Outpatient Program
Research and Consultation
*We are hoping to have a Psychological Assessment secondary option for the 2021-2022 cohort year.

Placements are assigned based on the intern’s emphasis match, interest, as well as needs and availability within the agency and are determined prior to the start of the internship. Please note, that as a large agency we have many different placement opportunities available and an incoming intern might be placed in a program within a track that is not currently listed in our brochure, but that would meet their training needs. Secondary placements are determined once the primary placements have been finalized.

Child/Adolescents/Family Outpatient Track:

The Child/Adolescents/Family Outpatient Track matches each year with two interns (2) who are placed at the Monrovia Outpatient Program in Monrovia, CA. Located four miles east of Pasadena, this program is unique in its ability to offer services to both adults and children. This site provides interns with a broad and diverse training experience that encompasses outpatient and community consultation services for seriously disturbed adults and children. Interns that are placed at Monrovia for their primary track will work mostly with children and families but will also have the opportunity of working with adults at the site.

The main function of the children's program is provision of comprehensive outpatient services including family therapy, play therapy, group therapy, medication, case management, and psychological testing. The intensity and modality of treatment is based on the needs of each case with most cases receiving interventions at the intrapsychic, family system, and larger environmental levels. Additionally, school-based treatment services are also offered. The program emphasizes family therapy to address family systems issues as well as skill building to increase healthy parental empowerment. Work with some Transitional Age Youth helps late adolescent/young adults bridge the world to adulthood. Consultation with teachers, foster parents, children's service workers or others significant to the child's treatment targets problems in the larger environment.

Monrovia Outpatient provides services to adults with a variety of diagnoses including schizophrenia, mood disorders, anxiety disorders, and personality disorders. Accurate assessment
is emphasized in order to assign consumers to specific treatment modalities. These treatment modalities include psychosocial rehabilitation programs for individuals with schizophrenia; cognitive, behavioral, and dynamic treatment for depressive disorders; and dynamic therapy for character pathology. Psychosocial treatment for persons with schizophrenia utilizes a Clubhouse model through the wellness center/program and offers various educational, support, and recovery oriented groups for consumers and their families as indicated by their treatment goals.

Interns are exposed to a wide-range of pathology from our socio-economically diverse and multi-cultural catchment area. The intern will experience various treatment modalities that could include traditional individual psychotherapy, group therapy, family therapy; social skills training, some community consultation, and psychosocial rehabilitation. The training needs and interests of the intern are considered in case assignments. There is the potential to be involved in milieu therapy groups for children aged 5-16. The goal is to provide a broad experience which, combined with a rich mixture of supervision, case conferences, and multidisciplinary team treatment, provides an excellent atmosphere for skill development and professional growth.

**Adult Outpatient Track:**

The Adult Outpatient Track matches each year with two interns (2) that are placed at the Pacific Clinics-El Camino Adult Outpatient Center located in Santa Fe Springs, California. El Camino provides services to adults who have severe and chronic mental illness and personality disorders, with or without substance-abuse problems. Diagnoses include schizophrenia, bipolar disorder, severe and recurrent major depression and dually diagnosed consumers. Higher functioning consumers can be seen briefly and occasionally longer-term.

The clinic’s services are truly comprehensive. The clinic provides outpatient, socialization, case management, outreach, and crisis evaluation services. These traditional treatments have been updated to meet today’s service delivery needs. Examples include: Skill development groups, dual diagnosis program where consumers who are dually diagnosed can attend groups that integrate mental health and substance abuse services, vocational rehabilitation program where consumers can receive individualized services to build job skills and find employment; housing program services that include outreach, linkage and support to help homeless consumers obtain and maintain permanent housing.

The El Camino campus covers a wide range of the continuum of community mental health services. Besides the adult outpatient program, a Full Service Partnership and Field Capable Clinical Services target the most at-risk consumers who are chronically homeless, incarcerated and/or hospitalized to address not only the consumer’s mental health illness but a broad spectrum of needs that prevent reintegration into the community, with services tailored to the diverse needs of all age groups and cultural groups. Field Capable Clinical Services targets the higher utilizers of treatment in the outpatient setting to bring the clinic into the community where consumers live. Recently, a Wellness program and Client Run Center have been added to empower and address the unique needs of consumers recovering from mental illness.

The intern is involved in individual and group psychotherapy. Typical groups target consumers who are depressed, have a bipolar diagnosis, or have a schizophrenic diagnosis. There are also dual diagnosis groups. Interns are invited to start groups in which they have a particular interest.
The multidisciplinary nature of the clinic leads the intern to learn the differences between the various professions and how to work with those other professions. The intern is an integral part of the interdisciplinary team and comes to have actual decision-making power. By the end of the year, the intern typically feels competent to advise and consult with medical and other personnel in making difficult decisions.

Interns assess and provide services to a wide range of individuals with a variety of difficulties, from acute psychotic episodes to intoxication to adjustment disorders. The intern not only learns to diagnose, often quickly, but also learns how to decide what to do with these consumers, the options ranging from providing no further services to hospitalization. In summary, the intern leaves feeling confident in his or her ability to diagnose a wide range of problems and in his or her ability to respond in a practical way to a very broad range of problems.

Pacific Clinics El Camino is situated in a multiethnic community serving many Latino consumers who are monolingual Spanish-speaking. The staff complements the diversity of both ethnicity and language.

**Asian Pacific Family Center Track:**

Two interns (2) are matched to the Asian Pacific Family Center Track. The main site of the Asian Pacific Family Center (APFC) is located in Rosemead, California. It is a specialized program serving the ever growing Asian/Pacific ethnic population in the San Gabriel Valley. The Center was established in 1986 after several years of community consultation and evaluation of the needs for Asian services, planning and program development. Its staff is multicultural, multilingual, and multidisciplinary. The overall goals of the Center are: to provide a full continuum of multicultural and multilingual outpatient mental health services, including prevention and early intervention services, to the low income monolingual non-English speaking Asian/Pacific residents in the San Gabriel Valley area, and to develop appropriate community resources to meet the multiple psychosocial needs of this population.

APFC-Multicultural Family Center located in City of Industry, CA, primarily serves the Asian and Latino communities in the Rowland Height, Walnut, Hacienda/La Puente, Diamond Bar, and Pomona areas. The former APFC-E is well known for its prevention program that serves the Asian community (specifically for the Chinese and Korean population) for two decades. Under the leadership of Dr. Maribel Contreras, APFC-E transformed to APFC-Multicultural Family Center in response to the high demand from the local Latino community. Parenting classes and workshops are provided in Spanish, Korean, and Chinese. Treatment team provides counseling services to local students and their families. With the close collaboration with the local communities, school districts, DCFS, and probation program, APFC-Multicultural Family Center is the first choice of referral because of its long term commitment and dedication to the community.

Besides traditional treatment modalities (such as individual, group, and family therapy, psychotropic medication regimen, and psychosocial case management), APFC offers diverse community-based programs specifically geared toward the Asian and Pacific Islander populations served. Programs include substance abuse prevention with high-risk Asian youth, child abuse treatment and prevention, parenting education and family management groups, socialization/skill development groups, and school/law enforcement/community consultation and outreach.
services. The Center has a particularly strong collaborative working relationship with community agencies such as police, probation, schools, hospitals, and the Department of Children and Family Services in order to develop and provide services appropriate and sensitive to the needs of our target populations.

The interns who are matched to the APFC track will have a unique opportunity to learn and develop sensitive and culturally appropriate therapeutic approaches. Asian-Americans have historically been reluctant to seek mental health services due to a variety of cultural and language barriers. Creative applications of traditional psychological concepts and intervention strategies are therefore needed and encouraged. In this regard, the training experience at the Asian Pacific Family Center will provide relevant and important skills in the intern's professional development. The site is available as either a primarily adult placement or a primarily child placement, but interns must be willing to work with clients from across the lifespan. To secure an internship at the APFC Center, proficiency in one of the Asian languages (especially Chinese, Vietnamese, Japanese, Korean, or Khmer) is required. Chinese dialects include Cantonese, Mandarin, Chiu Chow, Taiwanese and Toishan.

Primary Zero to Five Child Outpatient Track:

The Primary Zero to Five Track takes one intern (1) who is placed within the Birth to Five Program. Birth to Five Program is a specialized clinical team located in Pasadena focused on providing therapy services and family assessments to children, adolescents, and their families. Special focal populations of the Birth to Five Program’s therapy services are children (especially Head Start students) from birth to five years old and their caregivers and school based services. The Birth to Five Program also has a focus on implementing and disseminating evidence-based practices such as Parent-Child Interaction Therapy (PCIT), Promoting Alternative Thinking Strategies (PATHS), and Child Parent Psychotherapy (CPP). Spanish and Armenian speaking applicants are strongly preferred within this track.

The intern who matches with the Zero to Five Track will receive specific training and supervision, and gain supervised experience in service delivery to children 5 years old and younger and their families. The majority of their client caseload will be children 5 years old and younger. The intern will work with Head Start students and their families and regularly collaborate with Head Start staff from various disciplines (e.g., classroom teachers, site directors, case managers, mental health liaison). The intern will be exposed to Parent-Child Interaction Therapy (PCIT) and the Promoting Alternative Thinking Strategies (PATHS) social skills curriculum. The Birth to Five Program tailors mental health services to children and families based on each family’s specific strengths, history, and presenting issues. Consequently, while the majority of the program’s mental health services are conducted in family sessions, the treatment methods for a specific case could be primarily behavioral, cognitive-behavioral, systems based, attachment based, or trauma focused. In addition to family therapy sessions, some time is spent providing behavioral support to individual clients in Head Start classrooms.

Secondary Placement Program Descriptions: (1 day/week)

Consultation/Applied Research (1-2 secondary interns)
The Consultation/Applied Research secondary placement provides interns with the experience of collaborating on applied research, program evaluation, and consultation within a community mental health setting. As part of our model, we emphasize the importance of conducting values driven research and consultation that directly supports the aims of (1) improving consumer wellbeing (2) improve consumer and staff satisfaction (3) and improve cost effectiveness. This secondary placement is an opportunity to advance in skills related to research and professional development competencies in the field of Health Service Psychology. The goal of this placement is to develop your skills in consultation, research, and related areas. Through this placement option you will have the opportunity to work with the Performance Outcome Manager for Pacific Clinics. You will attend meetings with stockholders in the agency including programs directors, executive management, all agency management, and consumers to name a few. You will learn the organizational aspects of community mental health and apply this information to program evaluation and enhancement within the agency. The projects will vary depending on the need of the agency, talents of the intern, and interest of the intern. This placement will provide you with a unique opportunity to work with various forms of data (clinical-level and organizational-level) that can be used to positively impact consumers (and their families), staff, programs, the agency, and the community-at-large. In addition to attending meetings to gather information and greater understanding of the needs of a community mental health agency, the intern will also collaboratively present findings throughout the agency and to necessary stakeholders.

Passageways (1-2 secondary interns)
Passageways is a multi-service center designed to meet the needs of homeless people in an efficient and cost effective manner. Pacific Clinics acts as the fiscal and managerial agent for the project and provides a significant staff complement focusing on mental health services. Three other community partners operating as subcontractors (Union Station Foundation, Public Health Department, and AIDS Service Center) seat staff at Passageways expanding our service offering to include housing referrals, substance abuse treatment referrals, physical health referrals, and HIV awareness and assistance. The U.S. Department of Housing and Urban Development supports the majority of Passageways’ 1.2 million-dollar budget. The remainder of the budget is met through DMH contract, Medi-Cal reimbursement and other grant oriented funders. A highly visible service in Pasadena, Passageways has a strong working relationship with key community elements such as the Police Department and downtown business owners.

Specific services at Passageways include: intake to shelter or transitional housing, limited Section 8 and Shelter Plus Care assistance, case management, public health nursing, detox placement, psychiatric and psychological services, HIV and TB testing, linkage to veterans programs, support groups, and street outreach. This site is only available as a secondary placement.

El Camino – Older Adult/FSP Services (1-2 secondary interns). There are two programs at the Pacific Clinics El Camino campus in Santa Fe Springs serving persons who are 60 years and older that have serious mental health conditions. The two programs are a) the Full Service Partnership (FSP) and b) Field Capable Clinical Services (FCCS). Both programs are funded by the Mental Health Services Act of California. Both programs offer individual or group psychotherapy, psychiatric services, benefit assistance, and housing resources for seniors.

The FSP program is designed to help older adults address their emotional and physical health, living situation, social relationships and other issues impacting their lives. The services provided go beyond the scope of traditional outpatient services. The philosophy inherent to the program is
to provide “whatever it takes” to enable older adults to live life to the fullest. Most of the services provided to the FSP older adults program are field-based.

The FCCS program serves those seniors who require less intensive services than the FSP but who might not otherwise be able to access mental health services due to various barriers preventing them from coming to our clinic. Persons enrolled in this program are provided services in the clinic as well as in the community. These programs are only available as a secondary placement.

**Monrovia Outpatient: (1 secondary intern)**
The main function of the children's program is provision of comprehensive outpatient services including family therapy, play therapy, group therapy, medication, case management, and psychological testing. The intensity and modality of treatment is based on the needs of each case with most cases receiving interventions at the intrapsychic, family system, and larger environmental levels. The program emphasizes family therapy to address family systems issues as well as skill building classes to increase healthy parental empowerment. Work with some Transitional Age Youth helps late adolescent/young adults bridge the world to adulthood. Consultation with teachers, foster parents, children's service workers or others significant to the child's treatment targets problems in the larger environment.

Monrovia Outpatient provides services to adults with a variety of diagnoses including schizophrenia, mood disorders, anxiety disorders, and personality disorders. Accurate assessment is emphasized in order to assign consumers to specific treatment modalities. These treatment modalities include psychosocial rehabilitation programs for individuals with schizophrenia; cognitive, behavioral, and dynamic treatment for depressive disorders; and dynamic therapy for character pathology. Psychosocial treatment for persons with schizophrenia utilizes a Clubhouse model through the wellness center/program and offers various educational, support, and recovery oriented groups for consumers and their families as indicated by their treatment goals.

The intern will experience various treatment modalities that could include traditional individual psychotherapy, school based services, family therapy; social skills training, some community consultation, group psychotherapy, and psychosocial rehabilitation such as helping individuals recovering from schizophrenia find work. The training needs and interests of the intern are considered in case assignments.

**Application Procedures**
Pacific Clinics uses the APPIC Online Application for Psychology Internship (AAPI). The online application may be accessed at www.appic.org, click on “AAPI Online”. Please note in your cover letter the rationale for which track and placement opportunities you are interested in.

Applicant acceptance is pending fingerprint clearance from the Department of Justice, FBI, California Board of Psychology, pre-employment physical, and verification of your legal right to work in the United States. A background check will be completed for each applicant. A conviction will not necessarily be a bar to employment, in that factors such as age, time of offense, seriousness, and nature of the violation and rehabilitation will be taken into account. However, you must be cleared by the licensing agencies of the State of California in order to work at Pacific Clinics. Interns are also required to have their own mode of transportation as travel between sites is required.
The deadline for receiving completed applications is November 6, 2020.

If you have any questions about the internship at Pacific Clinics, please feel free to contact the Director of Psychology Training, Valeria Romero, PhD, at varomero@pacificclinics.org.

Notification Policy

Notification is according to the "Uniform Notification Procedure" as set forth by APPIC and the computer matching guidelines. This internship site agrees to abide by the APPIC Policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant prior to Uniform Notification Day. Final appointment of applicants to the internship positions at Pacific Clinics is contingent on matched applicants passing local and federal clearances. Please note that interns are required to have valid driver’s licenses in the United States, a personal vehicle, and must have three years of clean driving record. Pacific Clinics is an Equal Opportunity Employer.

If you have any questions regarding our program accreditation status, you may contact:

The Office of Program Consultation and Accreditation
750 First Street, NE
Washington, DC 20002-4242
(202)336-5979

If you have additional questions, please feel free to contact the Director of Psychology Training at Pacific Clinics. Thank you for your interest in our Psychology Intern Training Program.
Internship Program Admissions

Date Program Tables were updated: 8/15/2020

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program’s policies on intern selection and practicum and academic preparation requirements:

Applications are accepted from candidates enrolled in Ph.D. or Psy.D. graduate programs that are APA accredited. Applicants must be at least third-year graduate students in Clinical, Counseling, and/or School Psychology. Applicants should have at least 375 practicum hours (total intervention and assessment hours) by the beginning of the internship year. We will make considerations if COVID-19 impacted the applicants accrual of internship hours in one category (intervention or assessment) and will need an explanation of the impact in the cover letter. No supplemental materials are required for submission at the time of application. For applicants selected for interview we will ask for a de-identified psychological assessment report. We also require that the applicant’s dissertation proposal be approved prior to the ranking deadline and that all comprehensive exams required by the graduate institution be passed by the application deadline. Former Pacific Clinics practicum/clerkship students must have one year of training in between their practicum experience and prospective intern training year.

| Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many: |
|---------------------------------------------------|---|---|
| Total Direct Contact Intervention Hours            | Yes | Amount: 275 |
| Total Direct Contact Assessment Hours              | Yes | Amount: 100 |

Describe any other required minimum criteria used to screen applicants:

There are 7 full-time openings for psychology interns. All applications will be reviewed and first-round screening decisions will be made by mid-December. **It is strongly encouraged that the prospective intern give rationale for their track preferences within their cover letter. Applications to multiple tracks are accepted. Please note that interviews are scheduled with applicants for specific tracks.** Applicants are generally only interviewed for one track, due to the large number of applications the Program receives.

Those selected to be interviewed will be asked to send a recent photograph as well as a redacted psychological assessment report example to the program administrative assistant prior to the interview. Since many applicants are interviewed each year, these photographs are used to help interviewers remember each applicant and will become a part of the application packet.

All applicants will be notified of their status by December 15th. Applicants who are selected for the final round will then be interviewed. Interviews are scheduled for January and will be conducted remotely.

**The deadline for receiving completed applications is November 6, 2020.**
### Financial and Other Benefit Support for Upcoming Training Year

<table>
<thead>
<tr>
<th>Feature</th>
<th>Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Annual Stipend/Salary for Full-time Interns</td>
<td>$32,240</td>
</tr>
<tr>
<td>Annual Stipend/Salary for Half-time Interns</td>
<td>n/a</td>
</tr>
<tr>
<td>Program provides access to medical insurance for intern?</td>
<td>Yes</td>
</tr>
<tr>
<td><strong>If access to medical insurance is provided:</strong></td>
<td></td>
</tr>
<tr>
<td>Trainee contribution to cost required?</td>
<td>Yes</td>
</tr>
<tr>
<td>Coverage of family member(s) available?</td>
<td>Yes</td>
</tr>
<tr>
<td>Coverage of legally married partner available?</td>
<td>Yes</td>
</tr>
<tr>
<td>Coverage of domestic partner available?</td>
<td>Yes</td>
</tr>
<tr>
<td>Hours of Annual Paid Personal Time Off (PTO and/or Vacation)</td>
<td>10 days</td>
</tr>
<tr>
<td>Hours of Annual Paid Sick Leave</td>
<td>12 days</td>
</tr>
<tr>
<td>In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?</td>
<td>Yes</td>
</tr>
</tbody>
</table>

**Other Benefits (please describe):**

5 Professional Leave Days, 14 Paid Holidays, Access to Pacific Clinics Training Institute free of cost
### Initial Post-Internship Positions

<table>
<thead>
<tr>
<th></th>
<th>2017-2020</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total # of interns who were in the 3 cohorts</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Total # of interns who did not seek employment because they</strong></td>
<td></td>
</tr>
<tr>
<td><strong>returned to their doctoral program/are completing doctoral degree</strong></td>
<td>2</td>
</tr>
<tr>
<td><strong>Total Number of Interns Hired by Pacific Clinics</strong></td>
<td></td>
</tr>
<tr>
<td>PD</td>
<td>EP</td>
</tr>
<tr>
<td>Community mental health center</td>
<td>0</td>
</tr>
<tr>
<td>Federally qualified health center</td>
<td>0</td>
</tr>
<tr>
<td>Independent primary care facility/clinic</td>
<td>0</td>
</tr>
<tr>
<td>University counseling center</td>
<td>1</td>
</tr>
<tr>
<td>Veterans Affairs medical center</td>
<td>3</td>
</tr>
<tr>
<td>Military health center</td>
<td>0</td>
</tr>
<tr>
<td>Academic health center</td>
<td>0</td>
</tr>
<tr>
<td>Other medical center or hospital</td>
<td>3</td>
</tr>
<tr>
<td>Psychiatric hospital</td>
<td>0</td>
</tr>
<tr>
<td>Academic university/department</td>
<td>0</td>
</tr>
<tr>
<td>Community college or other teaching setting</td>
<td>0</td>
</tr>
<tr>
<td>Independent research institution</td>
<td>0</td>
</tr>
<tr>
<td>Correctional facility</td>
<td>0</td>
</tr>
<tr>
<td>School district/system</td>
<td>0</td>
</tr>
<tr>
<td>Independent practice setting</td>
<td>1</td>
</tr>
<tr>
<td>Not currently employed</td>
<td>2</td>
</tr>
<tr>
<td>Changed to another field</td>
<td>0</td>
</tr>
<tr>
<td>Other</td>
<td>0</td>
</tr>
<tr>
<td>Unknown</td>
<td>0</td>
</tr>
</tbody>
</table>

Note: “PD” = Post-doctoral residency position; “EP” = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.
### Initial Post-Internship Positions by Cohort Year

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Community mental health center</td>
<td>0</td>
<td>4</td>
<td>0</td>
</tr>
<tr>
<td>Federally qualified health center</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Independent primary care facility/clinic</td>
<td>1</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>University counseling center</td>
<td>1</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Veterans Affairs medical center</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Military health center</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Academic health center</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Other medical center or hospital</td>
<td>2</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Psychiatric hospital</td>
<td>0</td>
<td>0</td>
<td>0</td>
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<td>0</td>
<td>0</td>
</tr>
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<td>Independent research institution</td>
<td>0</td>
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<td>School district/system</td>
<td>0</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Independent practice setting</td>
<td>0</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>Not currently employed</td>
<td>1</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Changed to another field</td>
<td>0</td>
<td>0</td>
<td>0</td>
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<tr>
<td>Other</td>
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<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Unknown</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

Note: “PD” = Post-doctoral residency position; “EP” = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.
Valeria Romero, Ph.D.
Director of Psychology
University of Nevada, Las Vegas, 2009

**Orientation**: Cognitive Behavioral, Family Behavioral, Trauma Focused

**Clinical Interests**: Community mental health, child and adolescent psychology, Family Behavioral Therapy, training/consultation, racial/ethnic minority mental health, trauma focused treatment, transitional issues, and adult psychology.

**Research Interests**: Child maltreatment, substance abuse, Family Behavior Therapy, cultural competency and training related to diversity issues


**Sample of Publications/Presentations**:


Charles Chege, Psy.D.
Senior Clinical Psychology Supervisor
Rosemead School of Psychology, Biola University, 1997

**Orientation**: Cognitive-Behavioral, Solution-Focused
Clinical Interests: Community mental health, racial/ethnic minority mental health
Research Interests: HIV/AIDS prevention models, community-based services, diversity issues

Additional Experiences: Associate Professor, Department of Graduate Psychology, Azusa Pacific University, Co-Director of APU Global Psychology Program that takes place every summer in Kenya

Sample of Publications/Presentations:


Kristopher I. Stevens, Ph.D.
Research and Consultation Supervisor
Psychology Intern Research Advisor
University of Southern California, 2011

Orientation: CBT, Third Wave CBT (mindfulness, acceptance/change, DBT, positive psychology)

Clinical Interests: Child/adolescent and TAY populations, trauma

Last Revised 8/14/2020
**Research Interests:** Impacts of adversity (violence exposure) on youth’s developmental outcomes; polyvictimization/multiple-adversity; impact of context (i.e., neighborhoods/communities) on development; relationships between maternal depression, parenting behaviors/attitudes, and youths’ externalizing behavior problems, program development, implementation, and evaluation (supporting the Triple Aims throughout the agency); assessing workplace culture and climate, job satisfaction and retention; interplay between research, practice, and policy

**Additional Experiences:** Currently collaborate with the Trickett/Mennen lab at the USC School of Social Work on a longitudinal study examining the impacts of child maltreatment on youth’s development. Co-principle investigator (with Dr. Charles Chege at Azusa Pacific University) on a longitudinal study examining the impacts of violence exposure on Kenyan youth’s development. Research consultant (CMH agencies).

**Sample of Publications/Presentations:**


**Stevens, K. I., & Fairhurst, S. K.** (2017, October). Outcomes woven into treatment. Paper symposium to be presented at the upcoming 13th annual Transformational Collaborative Outcomes Management Conference (Chapin Hall and the University of Chicago), San Antonio, TX.


Christopher Leucht, Ph.D.
Clinical and Assessment Supervisor
Program Director, Birth to Five Program, Child and Family Specialty Services Division
Fuller Theological Seminary, 1997

Orientation: Cognitive-Behavioral

Clinical Interests: Mental health services for children 0 to 5 and their families, Trauma Informed Care, cognitive-behavioral interventions, psychological assessment, treatment of anxiety disorders

Research Interests: Empirical validation of therapeutic interventions, psychological assessment

Additional Experiences: Certified Parent Child Interaction Therapy (PCIT) trainer; PATHS (Promoting Alternative Thinking Strategies) Affiliate Trainer

Sample of Publications/Presentations:


Glenn Masuda, Ph.D.
Clinical Supervisor
Associate Director, Clinical, Asian Pacific Family Center (APFC)
Faculty, Pacific Clinics Training Institute
University of Washington, 1988
**Orientation:** Family Systems, Community Psychology

**Clinical Interests:** Community psychology, adolescent psychology, Asian-American psychology, diversity competency training

**Research Interests:** Asian American Psychology, Cultural Competence

**Additional Experiences:** Pacific Clinics Training Institute Faculty, Asian American Psychological Association (Executive Committee, 2015-2017), American Psychological Association Division 45

**Sample of Publications/Presentations:**


**Masuda, G.** (2015) “Manga, Anime and Cosplay: Gender Oppression or Just Plain Fun?” Film Presentation and Discussion National Multicultural Summit, 1 hour APA approved CE training, Atlanta, Georgia.

**Masuda, G.** (2011) “Bullying Behaviors Across Cultures: Implications for Children of Color, LGBT Issues” 2 hour approved CE training for Los Angeles County Department of Mental Health, Los Angeles, CA.

**Masuda, G.** (2011) “Cyber Safety and Internet Literacy: Mental Health Professional Survival Guide” 2 hour approved CE training for Los Angeles County Department of Mental Health, Los Angeles, CA.

**Masuda, G.** (2010) “School Bullying Issues with Asian Pacific Islander Children and Youth” 2 hour APA approved CE training for Los Angeles County Department of Mental Health, Los Angeles, CA.

---

**Pablo Anabalon, Ph.D.**  
Clinical Supervisor  
Divisional Director, East Valley  
Rosemead School of Psychology, Biola University, 2000

**Orientation:** Psychodynamic and Solution-Focused

**Clinical Interests:** Community mental health, life span development

**Research Interests:** Diversity/Supervision

**Additional Experiences:** Program development
Sample of Publications/Presentations


Chia-wen (Winnie) Hsieh, Psy.D.
Assessment Supervisor
Program Director, Adult Program
California School of Professional Psychology, Los Angeles, 2005

Orientation: Cognitive, Psychodynamic

Clinical Interests: Child, adolescents, young adults, multiculturalism, diverse population

Research Interests: Treating diverse populations in community mental health setting, using recovery model

Additional Experiences: Cultural sensitivity trainings, Staff recruitment, Liaison between APFC and Los Angeles County Department of Mental Health and other contractor, Coordinates LACDMH projects including family outreach and community engagement projected for ethnic minority population and those underserved in the community, Asian American Pacific Psychological Association (AAPA), Chair-Division on Practice (2016 – present), Practice Task Force Co-Chair (2013 – 2016), Division 45 Society for the Psychological Study of Culture, Ethnicity, and Race Member

Sample of Publications/Presentations:


Beth Jenks, Ph.D.
Corporate Director of Clinical Intern Training
Rosemead School of Psychology, Biola University, 1991
Orientation: Psychodynamic and Solution-Focused

Clinical Interests: Community Mental Health, Life Span Development

Research Interests: Diversity/Supervision

Additional Experiences: Provides continuing education on supervision, ethics, and diversity, Pacific Clinics IRB Chair, Ethics Committee Member, and Past Chair of Division 2, Education and Training, California Psychological Association

Sample of Publications/Presentations:


