TAKE A MOMENT TO FILL IN THESE PAGES FOR YOUR FUTURE SELF TO LOOK BACK ON. AND HERE ARE SOME OTHER IDEAS OF THINGS TO INCLUDE:

- Some photos from this time
- A journal of your days
- Local newspaper pages or clipping
- Any art work you created
- Family / pet pictures
- Special memories

DRAW A PICTURE OF THE PEOPLE YOU ARE SOCIAL DISTANCING WITH HERE
I AM
YEARS OLD

I STAND
INCHES TALL

I WEIGH
POUNDS

SHOE SIZE

MY FAVOURITES

TOY: _______________________________________
COLOUR: ______________________________________
ANIMAL: _______________________________________
FOOD: ________________________________________
SHOW: _______________________________________
MOVIE: _______________________________________
BOOK: _______________________________________
ACTIVITY: _____________________________________
PLACE: ________________________________________
SONG: _______________________________________

MY BEST FRIEND/S:

WHEN I GROW UP I WANT TO BE:

DATE:
### Words to Describe How I Feel:

<table>
<thead>
<tr>
<th>Smiley</th>
<th>Neutral</th>
<th>Sad</th>
<th>Very Sad</th>
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### What I Have Learnt Most From This Experience:

- 
- 
- 

### I Am Most Thankful For:

- 
- 
- 

### The 3 Things I Am Most Excited to Do When This is Over:

1. 
2. 
3. 

PAGES BY LONG CREATIONS
WHERE I AM LIVING DURING THIS TIME:

WHAT THINGS ARE YOU DOING TO HELP FEEL CONNECTED/HAVE FUN OUTSIDE (e.g. hearts in windows, chalk notes on sidewalk, etc)

HOW ARE YOU CONNECTING WITH OTHERS?
YOU ARE NOT STUCK AT HOME, YOU ARE SAFE AT HOME!

WHAT I AM DOING TO KEEP BUSY:
OUR HANDPRINTS
PRINT THE HANDS OF ALL THE PEOPLE LIVING IN YOUR HOME (IN DIFFERENT COLOURS) AND PLACE YOUR HANDS HERE
### Special Occasions

What occasions did you celebrate during this time? Write the list down here and what you did to celebrate (e.g. St. Patrick’s Day, Easter, Birthdays, Anniversaries).

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>How You Celebrated</th>
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INTERVIEW YOUR PARENTS

WHAT HAS BEEN THE BIGGEST CHANGE?

HOW ARE YOU FINDING HOMESCHOOLING?

DAYS SPENT INSIDE

YOUR TOP 3 MOMENTS FROM THIS EXPERIENCE:
1. 
2. 
3. 

WHAT ACTIVITIES/HOBBIES HAVE YOU MOST ENJOYED DOING?

WHAT ARE YOU MOST THANKFUL FOR?

WHAT TV SHOW YOU WATCHED: 

YOUR NEW FOUND FAVOURITE INSIDE FAMILY ACTIVITY:

FAVOURITE FOOD TO BAKE:

FAVOURITE TIME OF DAY:

GOAL/S FOR AFTER THIS: