

A Merger of Uplift Family Services and Pacific Clinics

Recovery Education Institute



# **Building bridges to higher education**

The Recovery Education Institute (REI) offers continuing and college educational opportunities for adults with personal or family behavioral health experiences including addictive behaviors to drugs, eating disorders and any other conditions that impact mental and physical well-being.

Through education, REI seeks to further our students' sense of self and feelings of empowerment. REI encourages students to continue along their recovery path.

Classes offered year-round virtually and in person prepare students to enter certification programs, vocational programs or college settings. REI students are provided opportunities to develop the personal and academic skills

# Alex experienced firsthand family trauma from substance use disorders.

"My family has suffered from alcohol and drug issues, so I know how it affects not only the individual but the whole family." Now a student at an REI program leading to a counseling profession, with an impressive 3.6 grade point average. She shared, "It's never too late to continue education. Knowledge is growth. Sometimes you have to take a leap of faith and try it once. And if you enjoy it, then enjoy the rest of the ride."



#### **Contact Info**

401 South Tustin Street Orange, CA 92866 Phone: 1 (714) 244-4322 Fax: 1 (714) 244-4330 ocrei@pacificclinics.org www.pcrei.org

Visit us at PacificClinics.org to learn more









**Workshop and Class Opportunities** 

#### **College Credit & Certification Courses**

The Recovery Education Institute partners with local community colleges to offer college credit and certification courses. All classes are taught at the REI campus and virtually, year-round including evenings.

#### **Extended Education Courses**

- Workforce Preparation
- GED Test Preparation
- English as a Second Language

#### Workshops

- Art Classes and Labs
- Organizational Skills
- Stress Management
- Time Management
- Study Skills
- Film Exploration
- Music History
- Tutoring/Assisted Learning
- Introduction to Case Management
- Supplemental Security Income/ Social Security Disability Insurance (SSI/SSDI) Work Incentive

### **Pre-vocational Courses**

- Wellness Recovery Planning
- Vocational Skills
- Computer Classes
- Financial Literacy
- Peer Support Specialist Certification Training

#### College Credit Courses

- Human Services Certification programs offered through Saddleback College
- General Education Courses offered through Santiago Canyon College

Pacific Clinics encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of special accommodations or have questions about the physical access provided, please contact the program director/office noted in this brochure in advance of your participation or visit.

> The Recovery Education Institute is funded by the OC Health Care Agency through the Mental Health Services Act: Workforce Education & Training





# **About Pacific Clinics**

# A history of over 150 years of quality care

Pacific Clinics is California's largest community-based nonprofit provider of behavioral and mental health services and supports. Its team of more than 2,000 employees speak 22 languages and are dedicated to offering hope and unlocking the full potential of individuals and families through culturally-responsive, trauma-informed, research-based services for individuals and families from birth to older adults. The agency offers services in multiple California counties including Alameda, Contra Costa, Fresno, Kings, Los Angeles, Madera, Orange, Placer, Riverside, Sacramento, San Bernardino, San Francisco, Santa Clara, Solano, Stanislaus, Stockton, Tulare and Ventura.



