



WEEKLY WORKSHOPS

M Walks for Recovery (October 2nd & October 9th)
10 am - 11 pm Location: at REI in room 120

IN-PERSON WORKSHOPS

- 4 MEDI-CAL & WORKING (CE)**
1:30 pm - 2:30 pm Location: at REI in Room 123
- 6 SELF-CARE SLICE BY SLICE: A PIE-INFUSED WORKSHOP FOR RECOVERY AND WELL-BEING**
1:30 pm - 2:30 pm Location: at REI in Room 121
- 11 INTRODUCTION TO ENTRY-LEVEL MENTAL HEALTH CAREERS**
2:30 pm - 4 pm Location: at REI in Room 120
- 16 AUTUMN ACADEMY: MASTERING ONLINE LEARNING FOR FALL 2023 SEMESTER**
11 am - 12 pm Location: at REI in Room 121
- 26 TIPS FOR A SMOOTH HOLIDAY SEASON**
11 am - 12 pm Location: at REI in Room 122
- 27 DON'T LET CLASS ASSIGNMENTS HAUNT YOU...**
11 am - 12:30 pm Location: at REI in Room 121
- 30 REI SPOOKY MOVIE & POPCORN: MONSTERS INC.**
2 pm - 4 pm Location: at REI in Room 120

ONLINE & IN-PERSON WORKSHOPS

- 10 WRITE. REFLECT. GROW: JOURNALING SERIES**
11 am - 12 pm Location: at REI in Room 121 and available Online
- 16 HANDS-ON HELP FOR COMPUTERS**
1 pm - 2 pm Location: at REI in Room 120 and available Online

ONLINE & IN-PERSON STUDY HALLS

**DROP-IN STUDY HOURS
(EVERY TUESDAY)**

- 10** 5 pm - 6pm Location: at REI in Room 120 and available Online
- 17** 5 pm - 6pm Location: at REI in Room 121 and available Online
- 24** 5 pm - 6pm Location: at REI in Room 120 and available Online
- 31** 5 pm - 6pm Location: at REI in Room 120 and available Online



**PEER SUPPORT SPECIALIST
RELATED- WORKSHOPS**

**9 EMPOWERING PEER PROFESSIONALS
TO COMBAT BURNOUT (CE)**

10:00 am - 11:30 am Location: at REI in Room 120

**16 MEDI-CAL PEER SUPPORT SPECIALIST
CERTIFICATION EXAM PREP**

4 pm - 6 pm Location: at REI in room 120

27 PSS ALUMNI GROUP

3 pm - 4:30 pm Location: at REI in Room 120

ENROLLMENT

New Students: Call (714) 244-4322 or email ocreil@pacificclinics.org to schedule an appointment

Current Students: Contact your academic advisor

Saddleback College and Santiago Canyon College credit courses and Peer Support Specialist certification programs available to registered students. Schedule an enrollment appointment to learn more.

All courses and enrichment workshops are offered at **NO COST** to eligible students living in Orange County.

**WEEKLY ONLINE EXTENDED
EDUCATION COURSES**

**ONLINE & IN-PERSON ESL BEGINNING &
INTERMEDIATE**

MULTI-LEVEL 1-3

IN PERSON: EVERY MON. & TUES. 9 AM - 12 PM

Location: at REI in room 123

ONLINE: EVERY WED. & THURS., 9 AM - 12 PM

ONLINE ESL BEGINNING

MULTI-LEVEL 1-3

ONLINE: EVERY MONDAY - THURSDAY, 6 PM - 9 PM

IN-PERSON GED/HISET TEST PREPARATION

IN PERSON: EVERY MON., TUES, THURS.

1 PM - 3 PM

Location: at REI in room 123

**WEEKLY IN-PERSON
EXTENDED EDUCATION COURSES**

**W ARTS & EMPATHY
EVERY WEDNESDAY, 12 PM - 1:30 PM**

Location: at REI in room 118

T/Th CREATIVE WRITING 1 PM- 3 PM

Location: at REI in room 122

**F STUDIO ART (VIRTUAL)
EVERY FRIDAY, 1:00 PM- 2:30 PM**

Location: Online

CONTACT US AT:

PHONE: 714-244-4322

OCREI@PACIFICCLINICS.ORG

401 SOUTH TUSTIN STREET

BUILDING B

ORANGE, CA 92866

WEBSITE: WWW.PCREI.ORG



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**NO COST PEER TRAINING
(1.5) HOURS OF CONTINUING
EDUCATION (CE) FOR CMPSS**



**TOPIC:
EMPOWERING PEER
PROFESSIONALS
TO COMBAT BURNOUT
10/9/2023 10 A.M. - 11:30 A.M.
AT REI CAMPUS**

After attending this session, you will be able to:

- Distinguish between stress & compassion fatigue.
- Identify strategies to prevent and reduce burnout in the workplace.
- Develop a plan for individual self-care.

**All courses and enrichment workshops
are offered at NO COST to
eligible students living in Orange County.**

**To receive a certificate of completion, you must attend the entire
workshop**

New Students:

Email ocrei@pacificclinics.org to schedule an appointment

Current Students:

Contact your academic advisor

The Recovery Education Institute (REI) is an academic program for adults living with mental illness or live with family with a mental illness.



Funded by the OC Health Care Agency
through the Mental Health Services Act.



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**NO COST PEER TRAINING
(1.5) HOURS OF CONTINUING
EDUCATION (CE) FOR CMPSS**

TOPIC: MEDI-CAL & WORKING
10/4/2023 1:30 P.M. - 2:30 P.M.
AT REI CAMPUS
LED BY: DUNG LE, HCA



BENEFITS

After attending this session, you will be able to:

- Describe Medi-Cal program: Eligibilities, financial requirements, working Medi-Cal, 1619(b), Maximum state threshold, California Working Disable Medical program, coverages, PASS, PESS, Vocational training, Medical Issues.
- Reduce anxiety from losing Medi-Cal coverage while working.
- Gain the confidence and motivation to enter the workforce.
- Equip consumers to deal with Medi-Cal issues by accessing to Medi-Cal resources.

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To receive a certificate of completion, you
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PEER SUPPORT SPECIALIST ALUMNI MEETING

CONNECT WITH FELLOW ALUMNI, SHARE IDEAS, AND
EXPLORE POTENTIAL COLLABORATIONS. DISCOVER NEW
AVENUES FOR PROFESSIONAL GROWTH AND
DEVELOPMENT.

THIS MONTH'S TOPIC:
CE HOURS FOR MAINTAINING LICENSURE

FRIDAY, OCTOBER 27TH
3 P.M. - 4:30 P.M.
AT REI CAMPUS

**RECOVERY EDUCATION INSTITUTE 401 S. TUSTIN ST.
BLDG. B. ORANGE, CA 92866 | 714-244-4322**

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academic program for adults living with mental
illness or live with family with a mental illness.



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TIPS FOR A SMOOTH HOLIDAY SEASON



**10/26/23
11 A.M. - 12 P.M.
at REI Campus**

**Register with
your Academic
Advisor!**



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SELF-CARE SLICE BY SLICE



**FREE
SLICE
OF PIE**

A PIE-INFUSED WORKSHOP FOR RECOVERY AND WELL-BEING

**REGISTER
WITH YOUR
AA TODAY!**

**OCTOBER
6TH
1:30 P.M.- 2:30 P.M**

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**DON'T LET CLASS
ASSIGNMENTS
HAUNT YOU**



**TRICKS TO
ORGANIZE AND
TREATS FOR
TIMELY
COMPLETION**

OCTOBER 27TH, 2023 | 11 A.M. - 12:30 P.M.

REGISTER WITH YOUR ACADEMIC ADVISOR TODAY!

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AUTUMN ACADEMY

FALL 23

**Mastering Online
Learning for Fall
2023 Semester
Register with your
AA today!**



11 A.M.

-

12 P.M.

OCTOBER 16

REI CAMPUS

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HANDS-ON HELP FOR COMPUTERS



REGISTER WITH YOUR AA TODAY!

**October 16th
1P.M. - 2P.M.
Remote & In-person
at REI Campus**

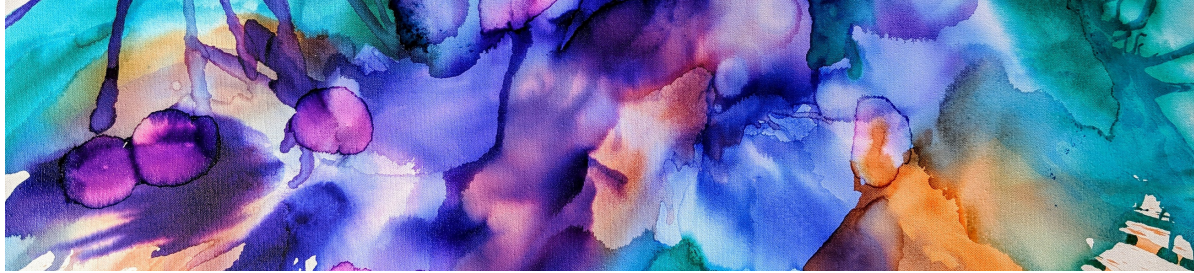
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ARTS & EMPATHY

IN-PERSON

EVERY WEDNESDAY

12:00 P.M. – 1:30 P.M.

STUDIO ART

ONLINE

EVERY FRIDAY

1:00 P.M. – 3:00 P.M.

Led by Painted Brain, each week, you will have the opportunity to dive deep into a specific topic, learn new techniques, and engage in hands-on art activities.

Register through your Academic Advisor 714-244-4322

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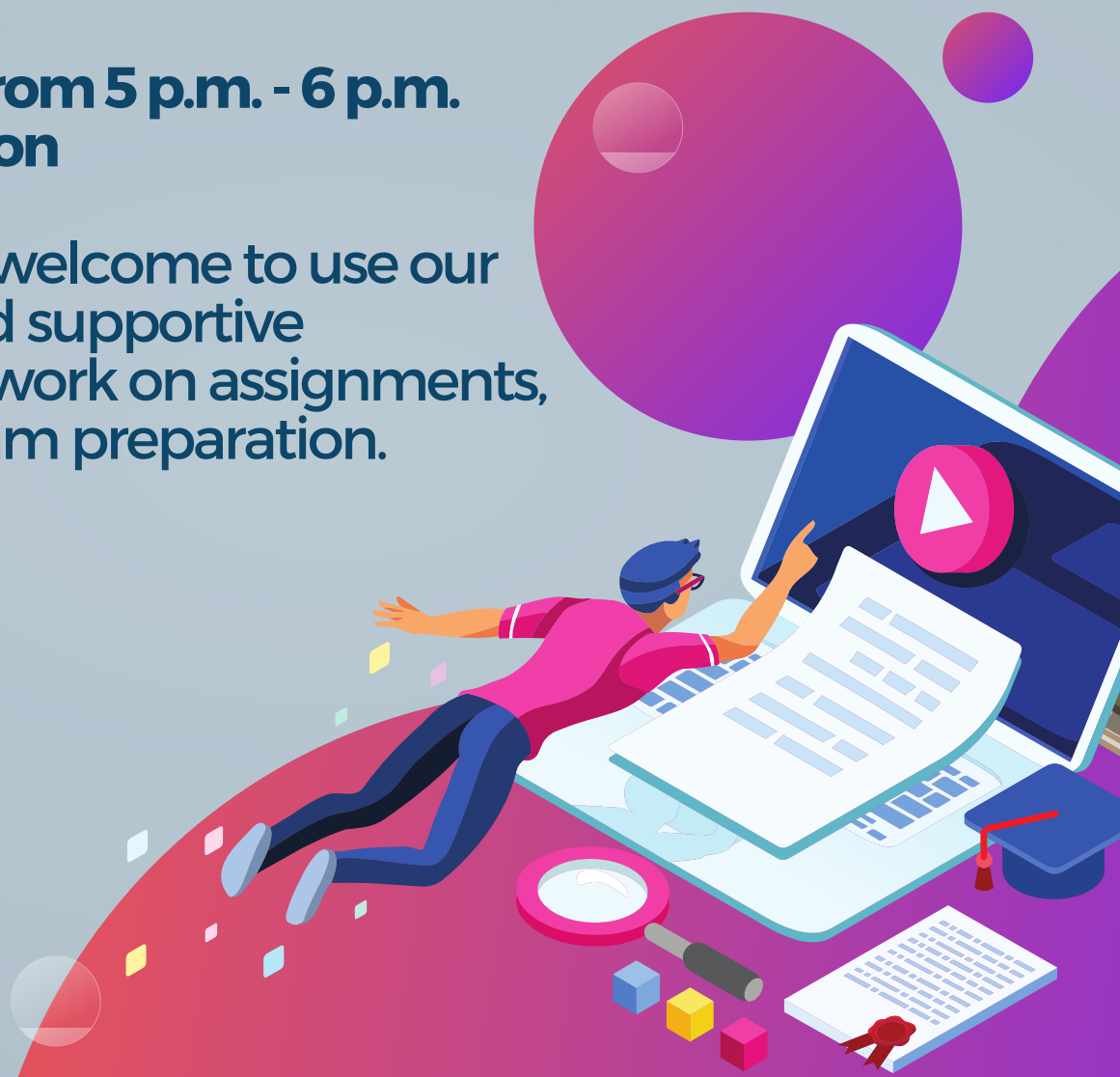
DROP-IN STUDY HOURS

Need a place to study and collaborate
with student peers?

Every Tuesday from 5 p.m. - 6 p.m.
Online & In-person

HS students are welcome to use our
collaborative and supportive
environment to work on assignments,
projects, and exam preparation.

**CONTACT YOUR
ACADEMIC
ADVISOR TO
REGISTER TODAY!**



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INTRODUCTION TO ENTRY-LEVEL MENTAL HEALTH CAREERS

10/11/2023

2:30PM-4PM

NO COST
IN-PERSON AT REI CAMPUS

Are you passionate about helping others and interested in pursuing a career in mental health? Join us for an enlightening workshop into the world of entry-level mental health careers. Discover the diverse range of opportunities available and gain insights into the skills, qualifications, and pathways required to embark on a fulfilling career in this rewarding field. All students are welcome.

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REI SPOOKY MOVIE & POPCORN PRESENTS:

MONSTERS INC.

Movie Matinee

30
OCTOBER

2 P.M. – 4 P.M.
at REI CAMPUS

FREE POPCORN

RSVP WITH YOUR AA!

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