

## December 2023

#### Building bridges to higher education

#### **IN-PERSON WORKSHOPS ONLINE & IN-PERSON WORKSHOPS** WALKS FOR RECOVERY **CRUNCH TIME & CRUSTS: COLLEGE** Δ FINALS PIZZA STUDY GROUP 10 am - 11 am | Location: at REI in Room (STUDY HALL) 120 4 pm - 6 pm Location: at REI in Room **ESTABLECIMIENTO Y MANTENIMIENTO DE** 120 and available online LÍMITES SALUDABLES PARA EL BIENESTAR 11 PERSONAL **CAREER EXPLORATION: WHAT CAN** 13 1:30 pm-2:30 pm Location: at REI in I DO WITH THIS MAJOR? **Room 118** 2 pm - 3 pm Location: online WRITE. REFLECT. GROW: JOURNALING 12 SERIES 11 am - 12 pm Location: at REI in Room **CLICK HERE TO** 120 VIEW OUR 15 SETTING INTENTIONS FOR THE NEW YEAR **USING THE 8 DIMENSIONS OF WELLNESS CATALOG** 2:30 pm - 4 pm Location: at REI in Room 120 **TODAY! HOLIDAY TRIVIA & HOT COCOA** 19 2 pm - 3 pm Location: at REI in Room 118

### HAPPY HOLIDAYS MESSAGE

Dear Students,

As the year draws to a close, we at REI want to take a moment to extend our warmest holiday greetings to each and every one of you. This year has been a journey filled with challenges, achievements, and invaluable collaborations. Your dedication, enthusiasm, and resilience have been the driving force behind our success.

Your passion for learning and commitment to excellence continue to inspire us. You have adapted to new ways of learning and have overcome obstacles with grace and determination. Your achievements are not just your own, but a source of pride for our entire community.

The Recovery Education Institute (REI) is an academic program for adults living with mental illness or live with family with a mental illness.



Funded by the OC Health Care Agency through the Mental Health Services Act.

Pacific Clinics. Recovery Education Institute

PEER SUPPORT SPECLIALIST RELATED- WORKSHOPS

MANDATORY PSS INFO SESSION 10 am -11 am Location: Online

EMPOWERING YOUR CAREER JOURNEY SERIES: RESUME BUILDING & JOB SEARCH 2:30 pm - 4 pm Location: at REI in room 120

 SSI/SSDI REPORTING & WORKING (CE)
1;30 pm - 2:30 pm Location: at REI in room 123

15 MEDI-CAL PEER SUPPORT SPECIALIST CERTIFICATION EXAM PREP 10 am - 12 pm Location: Online

18 MEDI-CAL PEER SUPPORT SPECIALIST CERTIFICATION EXAM- MAKING FLASHCARDS (STUDY HALL) 4 pm - 6 pm Location: at REI in room 120

## **ENROLLMENT**

**New Students:** Call (714) 244-4322 or email ocrei@pacificclinics.org to schedule an appointment

**Current Students:** Contact your academic advisor

Saddleback College and Santiago Canyon College credit courses and Peer Support Specialist certification programs available to registered students. Schedule an enrollment appointment to learn more.

All courses and enrichment workshops are offered at NO COST to eligible students living in Orange County.

# December 2023

WEEKLY ONLINE EXTENDED EDUCATION COURSES UNTIL 12/15

ONLINE & IN-PERSON ESL BEGINNING & INTERMEDIATE MULTI-LEVEL 1-3 IN PERSON: EVERY MON. & TUES. 9 AM - 12 PM Location: at REI in room 123 ONLINE: EVERY WED. & THURS., 9 AM - 12 PM

ONLINE ESL BEGINNING MULTI-LEVEL 1-3 ONLINE: EVERY MONDAY - THURSDAY, 6 PM – 9 PM

IN-PERSON GED/HISET TEST PREPARATION IN PERSON: EVERY MON., TUES, THURS. 1 PM – 3 PM Location: at REI in room 123

#### WEEKLY IN-PERSON EXTENDED EDUCATION COURSES

ARTS & EMPATHY EVERY WEDNESDAY, 12 PM - 1:30 PM Location: at REI in room 118

STUDIO ART (VIRTUAL) EVERY FRIDAY, 1:00 PM- 2:30 PM Location: at REI in room 121

### **CONTACT US AT:**

PHONE: 714-244-4322 OCREI@PACIFICCLINICS.ORG 401 SOUTH TUSTIN STREET BUILDING B ORANGE, CA 92866 WEBSITE: WWW.PCREI.ORG

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