



IN-PERSON AND ONLINE WORKSHOPS

6 VALENTINE'S DAY GRATITUDE JOURNALING

11 am - 12 pm Location: at REI in Room 120

8 LUNAR NEW YEAR LANTERN MAKING

11 am -12 pm Location: at REI in Room 118

9 ENHANCING PERSONAL ACTIVE LEARNING

1 pm - 2 pm ONLINE ONLY

12 HOW TO IMPROVE YOUR NOTE TAKING SKILLS

11 am - 12 pm Location: at REI in Room 121

16 STUDENT PEER COUNCIL

2:30 pm - 4 pm Location: at REI in room 120

14 VALENTINE'S DAY CRAFT PARTY

2 pm - 3 pm Location: at REI in Room 120

20 TIPS FOR STRESS MANAGEMENT

1:30 pm - 2:30 pm Location: at REI in Room 120

20 BETTER ME: SETTING INTENTIONS

2 pm - 3 pm Location: at REI in Room 121

23 MASTERING THE ART OF INTERVIEWING

11 am - 12 pm Location: ONLINE

27 SELF LOVE JOURNALING

11 am - 12 pm Location: at REI in Room 120

PSS STUDY HALL

2 PSS GROUP FACILITATION ASSIGNMENT SUPPORT

10:30 am-12:30 pm Location: at REI in room 120

WEEKLY HS STUDY HALL

HS140 Study Hall Every Thursday

3 pm - 4pm Location: at REI in room 120



Pacific Clinics
Recovery Education Institute

Building bridges to higher education

February 2024

**WEEKLY ONLINE EXTENDED
EDUCATION COURSES**

**PEER SUPPORT SPECIALIST
RELATED- WORKSHOPS**

7 **WORK INCENTIVES AND EMPLOYMENT (CE)**

1:30 PM - 2:30 pm Location: ONLINE

9 **MEDI-CAL PEER SUPPORT SPECIALIST CERTIFICATION EXAM PREP**

10:30am - 12pm ONLINE ONLY

12 **NAVIGATING DUAL RELATIONSHIPS AS A PEER PROFESSIONAL(CE)**

2:30 pm - 4 Location: Online

ENROLLMENT

New Students: Call (714) 244-4322 or email ocreil@pacificclinics.org to schedule an appointment

Current Students: Contact your academic advisor

Saddleback College and Santiago Canyon College credit courses and Peer Support Specialist certification programs available to registered students. Schedule an enrollment appointment to learn more.

All courses and enrichment workshops are offered at NO COST to eligible students living in Orange County.

ONLINE & IN-PERSON ESL BEGINNING & INTERMEDIATE MULTI-LEVEL 1-3

ASK FOR DATES AND TIMES

ONLINE ESL BEGINNING MULTI-LEVEL 1-3

ASK FOR DATES AND TIMES

IN-PERSON GED/HISET TEST PREPARATION

ASK FOR DATES AND TIMES

**WEEKLY IN-PERSON
EXTENDED EDUCATION COURSES**

W ARTS & EMPATHY EVERY WEDNESDAY, 12 PM - 1:30 PM

Location: at REI in room 118

F STUDIO ART EVERY FRIDAY, 1:00 PM- 3 PM

Location: at REI in room 118

CONTACT US AT:

PHONE: 714-244-4322

OCREI@PACIFICCLINICS.ORG

401 SOUTH TUSTIN STREET

BUILDING B

ORANGE, CA 92866

WEBSITE: WWW.PCREI.ORG

The Recovery Education Institute (REI) is an academic program for adults living with mental illness or live with family with a mental illness.



Funded by the OC Health Care Agency through the Mental Health Services Act.