



IN-PERSON AND ONLINE WORKSHOPS

2 MINDSET MATTERS: UNLEASHING YOUR POTENTIAL FOR PREVOCAATIONAL SUCCESS

12:30 pm - 1:30PM Location: at REI in Room 121

2 TRAINING YOUR BRAIN SERIES: BOARDGAMES

11:30 am - 12:30 pm Location: at REI in Room 121

2 STANDING UP TO MENTAL HEALTH STIGMA

1:30 pm - 2:30 pm Location: at REI in Room 120

9 SELF-CARE SERIES: HEALING YOUR INNER CHILD

11 am - 12 pm Location: at REI in Room 121

13 CREATING SUMMER BUCKET LISTS: ASPIRATIONS FOR THE SUMMER TIME

1 pm - 2 pm Location: at REI in Room 121

13 UNDERSTANDING SOCIETY: SOCIETY AND MENTAL HEALTH

1:30 pm - 2:30 pm Location: at REI in Room 120

14 (BILINGUAL) FEEL THE SUN / SIENT EL SOL

9:30 am - 10:30 am Location: at REI Courtyard

14 SELF - COMPASSION JOURNALING

10:30 am - 11:30 am Location: at REI in room 120

23 1ST GEN STUDENT SUPPORT GATHERING: YOU CAN DO

IT! SI SE PUEDE!

2 pm - 3 pm Location: at REI in room 121 & Remote

25 UNMET EXPECTATIONS: NOW WHAT?

2 pm - 3:30 pm Location: at REI in room 120

28 JOURNALING SERIES: MAPPING YOUR THOUGHTS

10:30 am - 11:30 am Location: at REI in room 121

COLLEGE EXAM PREP

16 PREPARING FOR FINAL EXAMS

11:30 am - 12:30 pm Location: at REI in Room 120

STUDENT PEER COUNCIL

17 REI'S STUDENT PEER COUNCIL MEETING

12:30 pm - 4 pm Location: at REI in Room 120

CONTACT US AT:

PHONE: 714-244-4322

OCREI@PACIFICCLINICS.ORG

401 SOUTH TUSTIN STREET BUILDING B

ORANGE, CA 92866

WWW.PCREI.ORG

WEEKLY COLLEGE CLASSES STUDY HALL

COLLEGE CLASSES STUDY HALL EVERY THURSDAY

3 pm - 4pm Location: at REI in room 121

The Recovery Education Institute (REI) is an academic program for adults living with mental illness or live with family with a mental illness.



Funded by the OC Health Care Agency through the Mental Health Services Act.



**PEER SUPPORT SPECIALIST
RELATED- WORKSHOP**

**WEEKLY
EXTENDED EDUCATION COURSES**

- 1 REPORTING OVERPAYMENT, & HOUSING (CE)**
1:30 pm - 2:30 pm Location: Remote
- 3 WHAT ARE MY STRENGTHS? BUILDING CONFIDENCE FOR THE WORKPLACE**
10 am - 11:30 am Location: at REI in Room 120
- 6 INTRODUCTION TO ENTRY LEVEL MENTAL HEALTH CAREERS**
1 pm - 2pm Location: at REI in Room 120
- 10 PSS STUDY HALL: STRENGTHS-BASED ENGAGEMENT ASSIGNMENT SUPPORT**
10:30 am - 12 pm Location: at REI in Room 120
- 13 NAVIGATING DUAL RELATIONSHIPS AS A PEER PROFESSIONAL (CES)**
2:30 pm - 4 pm Location: REMOTE
- 17 PSS STUDY HALL: GROUP FACILITATION ASSIGNMENT SUPPORT**
10:30 am - 12 pm Location: at REI in Room 120
- 20 MEDI-CAL PEER SUPPORT SPECIALIST EXAM PREP**
2:30 pm - 4:30 pm Location: at REI in Room 120

GED/HISET TEST PREPARATION
Mon & Tues 1pm-3pm in-person
Thurs 4:30pm-6:30pm in-person

ESL BEGINNING & INTERMEDIATE MULTI-LEVEL 1-3
Mon & Tues 9am- 12pm in-person
Wed & Thurs 9 am - 12pm virtual

ESL BEGINNING MULTI-LEVEL 1-3
Monday - Thursday
6pm- 9pm virtual

CREATIVE WRITING
Tues 3pm- 4pm in-person

STUDIO ART
Fri 1pm- 3pm in-person

DEADLINE ENROLL AT REI FOR FALL 2024 COLLEGE CLASSES IS JULY 1ST, 2024

HS 100 - INTRODUCTION TO HUMAN SERVICES
Aug. 19, 2024 to Oct. 12, 2024
Tuesdays 6:00 PM - 8:50 PM Live Stream

HS 176 - CO-OCCURRING DISORDERS
Oct. 21, 2024 to Dec. 18, 2024
Thursdays 11:00 AM - 1:50 PM Live Stream

HHS 105 - ETHICAL ISSUES AND CLIENTS' RIGHTS
Aug. 19, 2024 to Dec.18, 2024
Mondays 4:00PM - 6:50 PM Live Stream

INTRODUCTION TO WOMEN'S STUDIES
Aug. 20, 2024 - Dec. 10, 2024
Tuesdays 1:00 pm - 4:00 pm In-Person

HISTORY OF FILM TO 1945
Aug. 22, 2024 - Dec. 10, 2024
Thursdays 1:00 pm - 4:00 pm In-Person

The Recovery Education Institute (REI) is an academic program for adults living with mental illness or live with family with a mental illness.



Funded by the OC Health Care Agency through the Mental Health Services Act.