



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Register with your Academic Advisor

Front desk: 714-244-4322
ocrei@pacificclinics.org
website: www.pcrei.org

Angelica Ceja 626- 802-7694
John Harmon 626- 802-7729
Jennifer Tipan 626-632-8309

5

6

Arts and Empathy
12:30pm-2pm
Study Hall Session
3pm-4pm

7

Multi-Media Collage
Studio: Unleash Your
Artistic Potential
2pm-4pm

8

Budget-Friendly Summer:
Summer Fun That Won't
Break the Bank!
10:30am-12:00pm
Study Hall Session
3pm-4pm

9

Chair Yoga
12pm-1pm

12

Preparing for Final Exams:
Finishing the Semester
Strong
11:30am-12:30pm
Medi-Cal Peer Support Specialist
Certification Exam Prep
4pm-6pm

13

Arts and Empathy
1:30pm-3pm
Study Hall Session
3pm-4pm

14

Jeopardy Trivia
12pm-1pm
Know YOUR Mind: Developing
Cognitive Balance
6:30pm-8pm

15

Mental Health First Aid
(CE)
9:00am-1:30pm
Study Hall Session
3pm-4pm

16

Mental Health First Aid
(CE)
9:00am-1:30pm
National Pizza Party
Day Social
12pm-1pm

19

20

21

Medicare & Working (CE)
1pm-2pm

22

Public Speaking &
Storytelling for
Advocacy
2pm-4pm

23

2000 Steps Indoor
Walking Workout
12pm-1pm

26

CLOSED IN HONORANCE
OF MEMORIAL DAY

27

Managing Mental Health
in the Workplace
12pm-1pm
Study Hall Session
3pm-4pm

28

Essential Peer Support Skills:
Balancing Competence &
Compassion (CE)
4pm-6pm

29

Medi-Cal Peer Support
Specialist Certification
Renewal Info Session
6:30pm-7:45pm

30

Master
Communication
Skills for Success
12pm-1pm



Workshop Descriptions



Study Hall Sessions

Get help on assignments and gain academic support from REI's Success Coach Team! All REI college students welcome, no appointment needed to attend!



Mindful Movement: Mobility 5/2

Discover the power of mindful movement designed to enhance flexibility and support overall well-being. Learn gentle techniques to improve range of motion, reduce tension, and connect more deeply with their bodies.



Multi-Media Collage Studio: Unleash Your Artistic Potential 5/7

Join us for an engaging and hands-on workshop where you'll explore the art of collage making! This studio project is designed to unleash your creativity and provide a therapeutic outlet through visual expression.



Arts and Empathy 5/6, 5/13

This workshop offers students a safe space to process emotions through creative expression. Participants will engage in art-making while practicing mindfulness, fostering emotional release and self-compassion. Through creativity and community support, attendees will deepen their healing journey and connect with others in a nurturing environment.



Budget-Friendly Summer: Summer Fun That Won't Break the Bank! 5/8

Discover how to enjoy a vibrant, memorable summer without overspending! This workshop will teach you how to stretch your dollars while making the most of the season. From budget travel tips and free local events to affordable activities for all ages, you'll leave with creative ideas and innovative strategies to keep your summer fun and finances on track.



Chair Yoga 5/9

Experience the benefits of gentle movement and relaxation in our Chair Yoga workshop, designed for all ages and abilities.



Preparing for Final Exams: Finishing the Semester Strong 5/12

Join this workshop to learn useful tips to help you succeed on upcoming final exams for college classes.



Jeopardy Trivia 5/14

Quick thinking meets friendly competition! Participants will enjoy answering a variety of questions across diverse categories while sharpening their minds and having fun.

Know YOUR Mind: Developing Cognitive Balance 5/14

Getting to all of the four types of mental balance; Attentional, Cognitive, Conative, and Emotional is the object of this series. Come discover a way to emotional and mental well-being!

Digital
Catalog



Mental Health First Aid (CE) 5/15, 5/16

Join this Mental Health First Aid (MHFA) training to gain the skills and confidence to identify, understand, and respond to signs of mental health and substance use challenges, and become certified to provide support to individuals in crisis until professional help is available.



National Pizza Party Day Social 5/16

Join us for a sizzling celebration of National Pizza Party Day. Enjoy some delicious pizza as you learn about its history while meeting new friends during this social hour!



Medicare & Working (CE) 5/21

Discusses eligibility, coverage, Medicare part: A, B, D, Medicare & working, any issues about Medicare, and Medicare contact information.



Public Speaking & Storytelling for Advocacy 5/22

Join us for a workshop where students practice sharing their recovery stories through public speaking and storytelling. This supportive environment empowers participants to use their voices for advocacy, fostering connection and inspiring change.



2000 Steps Indoor Walking Workout 5/23

Take the first step toward better health with our 2000 Steps Indoor Walking Workout Workshop—walk your way to fitness and feel the difference!



Managing Mental Health in the Workplace 5/27

This workshop will include creation of a personalized mental wellness plan for the workplace—filled with coping tools, support strategies, and reminders of your strengths to stay grounded and thrive on the job.



Essential Peer Support Skills: Balancing Competence & Compassion (CE) 5/28

Join us for a workshop designed to equip peer support specialists with essential skills for effective employment. Focus on balancing technical competence with compassionate care, and earn continuing education units (CEUs) for professional growth.

Medi-Cal Peer Support Specialist Certification Renewal Info Session 5/29

Learn about MPSS Certification Renewal Requirements and explore options for Continuing Education Hours.

Master Communication Skills for Success 5/30

Join our prevocational workshop designed to help you build the communication skills you need to thrive in any professional setting.

WORKSHOPS WITH THIS SYMBOL:



QUALIFY FOR REI REWARDS CARD POINTS!





Pacific Clinics.
Recovery Education Institute

NOW ENROLLING SUMMER 2025 COLLEGE CLASSES

**IMPORTANT: COMPLETE ALL REI ENROLLMENT
AND SADDLEBACK REGISTRATION STEPS WITH
YOUR REI ACADEMIC ADVISOR BY MAY 16.**

TO ENROLL:

- **NEW STUDENTS:** To get started, schedule an appointment by emailing ocrei@pacificclinics.org or calling 714-244-4322.
- **CURRENT STUDENTS:** Contact your Academic Advisor to express interest, schedule an appointment, and start the eligibility steps today!

CONTACT US AT:

PHONE: 714-244-4322

EMAIL: OCREI@PACIFICCLINICS.ORG



HS 112 – Conflict & Mediation Course (3 Units)

Dates: 6/18/2025 to 8/6/2025
(8-week course)

Days: Wednesdays

Hours: 6:00 pm–7:50 pm

Modality: In person @ REI campus

HS 174 – Case Administration, Crisis Intervention & Referral Course (3 Units)

Dates: 5/27/2025 to 7/20/2025
(8-week course)

Days: Thursdays

Hours: 6:00 pm–7:50 pm

Modality: Online Live-Stream

**Courses may be applicable toward Alcohol & Drug Studies
Certificate, Mental Health Worker Certificate or Human
Services Generalist Tracks.**

Eligible for: Peer Support Specialist CE Hours.



Recovery Education Institute College Courses & Certifications

Medi-Cal Peer Support Specialist Certification Training

Recovery Education Institute (REI) offers an 80 hour online Medi-Cal Peer Support Specialist Certification training that equips aspiring peer support specialists in learning skills based content while utilizing their lived experiences to gain employment within the mental health services field.

Human Services: Mental Health Worker and Alcohol Drug Studies Certificates

Through our partnership with Saddleback College, we offer certification programs for students who wish to receive a Mental Health Worker certificate (29 units) or an Alcohol and Drug Studies (40 units) certificate and work with individuals living with mental health or alcohol and drug addictions and families of chemically dependent persons. Students complete their certificates at REI and are dual-enrolled at Saddleback College. Class units are transferable.

General Education Classes

REI partners with Santiago Canyon College and offers several general education (GE) classes that are applicable toward an Associate degree. They include classes such as, Introduction to Philosophy, Introduction to Lifespan Psychology and Music Appreciation. Students are dual enrolled at Santiago Canyon College and GE units are transferable.

New Students: Call (714) 244-4322 or email us at ocrei@pacificclinics.org to schedule an appointment



pcrei.org

OUR YEAR-ROUND CLASS SCHEDULE

To register in these popular programs, we advise that you meet with your Academic Advisor several months before a class begins in order to start the steps to enroll in our College Certification, General Ed or Peer Support Specialist Trainings.

Classes are available in-person or online, mid-day or evening.

Seats go fast! Please call for details.

MEDI-CAL PEER SUPPORT SPECIALIST (PSS) CERTIFICATION TRAININGS

PSS is a two-month-long training that typically occurs three days a week, three hours per class.

REI's PSS trainings are offered four times every year: fall, winter, spring & summer.

MENTAL HEALTH WORKER (MHW) & ALCOHOL DRUG STUDIES (ADS) CERTIFICATES

REI's College Semester Dates:

FALL: August - December

SPRING: January - May

SUMMER: June - July

All courses and enrichment workshops are offered at NO COST to eligible adults living in Orange County.

Pacific Clinics- Recovery Education Institute (REI)
invites you to

3RD ANNUAL PEER WORKFORCE TRAINING EVENT 2025

No-COST behavioral health
workforce workshops, CEs and
resources for peers

June 27th, 2025
9am-2pm
at REI Campus

Call to RSVP by June 13th, 2025

**Email ocrei@pacificclinics.org to
register by June 13th, 2025!**

Visit www.pcrei.org or call 714-244-4322 to learn more about REI today!

SAVE THE DATE

The Recovery Education Institute (REI)
is an academic program for adults
living with mental illness or live with
family with a mental illness.



Funded by the OC
Health Care Agency.

Recovery Education Institute

**SPANISH LANGUAGE
INSTRUCTION (CE)**

**MAY 27 - JULY 29, 2025
TUESDAYS, 11 AM-1 PM**

- Strengthen your Spanish skills through listening, speaking, reading, and writing, with a focus on verbal communication
- Explore cultural topics to broaden your understanding of the Spanish language
- Open Entry / Open Exit; qualifies for CE credit(s) for Certified Peer Support Specialists

The Recovery Education Institute (REI) is an academic program for adults living with mental illness or live with family with a mental illness.

BROUGHT TO YOU BY
RECOVERY EDUCATION
INSTITUTE

MENTAL HEALTH FIRST AID TRAINING (CE)

REGISTER WITH
YOUR ACADEMIC
ADVISOR BY
FRIDAY, MAY 2ND
2025

MAY 15 AND MAY 16
IN-PERSON 9:00 A.M. - 1:30 P.M.



REI EXTENDED EDUCATION (EE)

SPRING - WEEKLY CLASS SCHEDULE

JANUARY 13 - MAY 24, 2025

OPEN ENTRY/OPEN EXIT



pcrei.org



Monday

9 am - 12 pm
ESL Beginning
& Intermediate
Multilevel
ROOM 122

Tuesday

9 am - 12 pm
ESL Beginning
& Intermediate
Multilevel
ROOM 122

Wednesday

9 am - 12 pm
ESL Beginning
& Intermediate
Multilevel
ONLINE

6 pm - 9 pm
Computer
Application
Basics
ROOM 122

Thursday

9 am - 12 pm
ESL Beginning
& Intermediate
Multilevel
ONLINE

3 pm - 4:30 pm
Creative Writing
ROOM 121
(Jan. 30 - May 8)

Friday

1 pm - 3 pm
Studio Art
ROOM 118

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REI REWARDS CARDS



BE AWARDED FOR ATTENDING QUALIFYING* REI WORKSHOPS!

Attend **2** Qualifying Classes =
ACTIVITY SWAG BAG



Attend **5** Qualifying Classes =
\$10 DOLLAR TREE GIFT CARD



Attend **10** Qualifying Classes =
\$20 TARGET GIFT CARD



CONTACT YOUR SUCCESS COACH TODAY!

Tommy Tran 626-753-8716
Hallie Rolph 626-807-5683
Destiny Lopez 626-842-7548
Christina Seraj 626-753-8638

R.E.I. REWARDS



Collect Staff Initial + Class Date for each qualifying Workshop you complete, and win special rewards!

REWARDS CARD

Name: _____

Valid Until: _____

Terms & Conditions Apply*

- Eligibility: Active REI students in good standing who complete a workshop, HiSET, pre-vocational, or Study Hall. Students can request a teacher's initials & workshop date on their rewards card at the end of a fully attended, qualifying class. The following do not qualify: Studio Art, ESL, CE, and College classes.
- To redeem a reward, contact our office to schedule an in-person pick-up time with an SC; a physical card must be presented. Limit 2 fully redeemed cards per year, per student. Virtual qualifying classes will be tracked by SC's internally.

*Rewards are valid until the expiration date listed above. Unclaimed rewards will be forfeited. Lost initiated cards won't be replaced or remade; students may request a new blank card. Rewards given while supplies last.

COMING SOON!

REI EXTENDED EDUCATION (EE)

SUMMER 2025



pcrei.org

WEEKLY CLASS SCHEDULE - OPEN ENTRY/OPEN EXIT

Monday	Tuesday	Wednesday	Thursday	Friday
9 am - 12 pm ESL Beginning & Intermediate Multilevel ROOM 122 (June 9 - July 31)	9 am - 12 pm ESL Beginning & Intermediate Multilevel ROOM 122 (June 9 - July 31) 11 am - 1 pm Spanish Language Instruction ROOM 121 (May 27 - July 29)	9 am - 12 pm ESL Beginning & Intermediate Multilevel ONLINE (June 9 - July 31) 6 pm - 9 pm Computer Application Basics ROOM 122 (May 28 - July 30)	9 am - 12 pm ESL Beginning & Intermediate Multilevel ONLINE (June 9 - July 31) 3 pm - 4:30 pm Creative Writing ROOM 121 (June 5 - July 31)	1 pm - 3 pm Studio Art ROOM 118 (May 30 - Aug. 1)

**ENROLL
NOW**

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