



Pacific Clinics®
Head Start



20
23

Year in Review

Building a Brighter Future Together Pacific Clinics' Head Start Impact Report

Pacific Clinics Head Start takes great pride in sharing our 2023 Head Start report, providing a snapshot of our program to our community, supporters and friends. As an integral part of Pacific Clinics, we are committed to addressing the diverse needs of children, families and individuals across all stages of life.

The vision of our Head Start program - To be a thriving, sustainable services organization with joyful staff and partners that connect, trust and work to create healthy environments through resources and community partnerships that empower, build resilience and make a difference in the lives of children and families- is coming to fruition every day.

In this report, you will discover our early education program's profound and enduring influence on the infants, children and families we serve. Operating across more than 35 locations in Los Angeles County, we welcomed nearly 700 children last year alone. Utilizing insights from employee surveys, we have continuously adapted our practices to better support the needs of our workforce and enhance employee wellbeing. PCHS Early Childhood Parent Apprenticeship Program, designed to address the professional aspirations of parents, has yielded significant results, with 24 parents graduating and a majority securing gainful employment as aides in early education settings, including our own program. In alignment with the Head Start promise, our commitment extends beyond education to encompass developmental screenings, medical and dental care, and the provision of over 85,000 nourishing meals.

At Pacific Clinics, we firmly believe that every child deserves the best possible start in life. A cornerstone of Head Start is its ability to foster supportive and healthy home environments while equipping children for lifelong success. Through personalized attention and in-home support, we ensure that each child under our care receives optimal preparation for life's journey. Dianne's story, featured in this report, exemplifies the transformative impact Head Start can have on entire families.

We express profound gratitude for your unwavering support and partnership. Together, we are building a brighter future for children and families.



Greg Bowman, EdD
Board Chair, Pacific Clinics



Wassy Tesfa
Executive Director,
Pacific Clinics' Head Start

Financials

Funding Sources		Budget
Federal Funds		\$16,207,199
CA State Preschool Program		\$1,110,616
Child and Adult Care Food Program		\$280,971
TOTAL FUNDING SOURCES		\$17,598,786

Expenditures	Budget	Actual
Operations	\$17,082,444	\$15,827,089
Training and Technical Assistance	\$235,371	\$235,371
Food Services	\$280,971	\$229,785
TOTAL PROGRAM COSTS	\$17,598,786	\$16,292,245

Audit Statement

An independent third-party external audit for Pacific Clinics' fiscal year ending June 30, 2023, found no deficiencies in our expenditures or program operations compliance requirements as described in the Uniform Guidance.

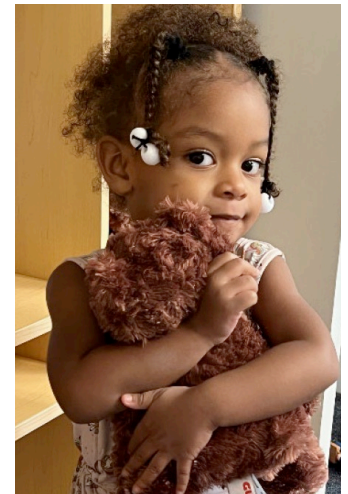
Buddy Bears Helps Children Self-Sooth

Every child in Pacific Clinics' Head Start is now given a Buddy Bear at the beginning of the school year to encourage self-soothing and self-regulation.

Buddy Bears "live" in the child's cubby in the classroom and many social stories are shared to let children know there is always someone there for comfort and security.

Teachers tell stories about these treasured companions that are individualized and reflect the lives and experiences of the children.

These reinforcements reassure children that they are safe, which can help alleviate their separation anxiety when transitioning from home to school.





698

Children
Served



644

Families
Served



83%

Average Daily
Attendance



85,575

Meals
Consumed



99%

Children Linked to
Medical and Dental
Services



51

Children Received
Early Intervention
Services (IFSP & IEP)



326

Newly Enrolled Children
Received Developmental and
Sensory Screenings



77%

Children Up-to-Date
with Recommended
Immunizations

Supporting Language Development

More than half of Pacific Clinics' Head Start and Early Head Start students are English language learners. To support our students, and preserve the home language, we provide language-rich classroom learning environments and instruction in both English and the home languages, as feasible.

Supporting Children with Special Needs



8%

Have Individualized
Family Service Plan (IFSP)



6%

Have Individual
Education Plan (IEP)

Parent Begins Head Start Career for a Better Future

Over the past decade, Dianne's journey with Head Start has been transformative helping her children through school and leading her into a promising new career through the Pacific Clinics' Head Start apprenticeship program.

In 2013, when Dianne immigrated to the United States while pregnant with her first child, she and her husband faced numerous challenges settling into their new life. Adapting to unfamiliar cultural differences, weather and lifestyle changes proved a significant hurdle. Additionally, the absence of her family in the Philippines added to the complexities she navigated.

Dianne could have faced additional challenges caring for her son's early development during her second pregnancy. Fortunately, she discovered a Pacific Clinics' Head Start near her home, which was a pivotal moment in her life.

Fast forward more than seven years and both of her children are thriving, thanks to the Head Start program's enriching experiences and learning activities. Dianne reflects on the decision to enroll them, stating that it laid a solid foundation for their studies and offered valuable guidance at the outset of their educational journey. Beyond the positive impact on her children, Dianne actively participated in Head Start's family engagement programs, cooking classes, cardiopulmonary resuscitation-basic life support and Science, Technology, Engineering and Math workshops, and policy council meetings, which helped her become actively engaged in her children's education.

Encouraged by her children's Head Start teachers, she applied for and was accepted into Head Start's apprenticeship program. This program equipped her with the education and credentials to work in early childhood. Dianne underwent courses on child development, learned to develop lesson plans and effectively manage her time. As of December, she completed her apprenticeship and is now paying forward the assistance she and her family received. Expressing her gratitude, Dianne shares, "I'm incredibly thankful that this program has been a tremendous help to many parents and kids like us." Her journey exemplifies the power of Head Start, not only in the lives of children but also in empowering parents like Dianne, recently hired as a full-time employee of the program.



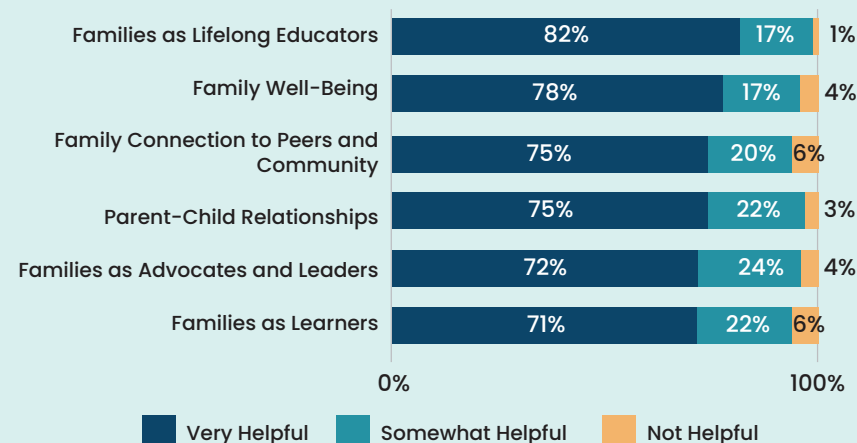
Dianne with her family

Family Engagement is a Core Value

Pacific Clinics' Head Start implements a family engagement approach to provide high-quality education and strengthen the household. Together with families we develop personalized family partnership agreements and set goals to improve the parent-child relationship, community connections and overall well-being of the family. These activities include participating in career day and end-of-year transition to kindergarten, parental engagement, cooking classes and other workshops, in-home learning activities and volunteering opportunities.

In 2023, 425 parents completed Pacific Clinics' annual Family Outcomes survey. The chart below shows the program's helpfulness in the survey's parent, family and community engagement areas.

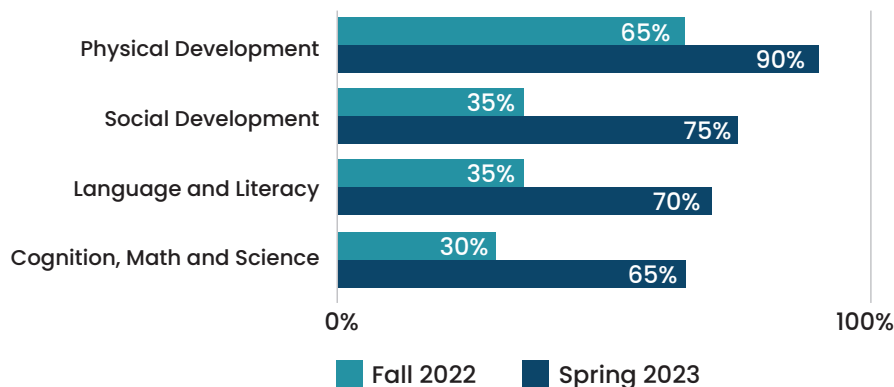
Results of Annual Family Outcomes Survey



Children's School Success

Percentage of Four-Year-Old Children at the Building Later or Higher Developmental Levels

Ready for Kindergarten Based on the Desired Results Developmental Profile



Measuring Children's School Readiness

Pacific Clinics' Head Start uses the Desired Results Development Profile (DRDP) to measure progress for children ages birth to five years. The program assesses the children's developmental growth in all learning domains and is aligned with the California Department of Education Preschool and Infant Toddler Learning Foundations, research-based curricula (High Scope Preschool Curriculum, Creative Curriculum for Infants Toddlers and Twos, and Family Childcare Homes) and the Office of Head Start Early Learning Outcomes Framework.

During the 2022-23 school year, outcome data were collected, aggregated and analyzed to record each child's progress. Teachers and parents use the initial data to set learning goals for each child. Planned learning activities and lesson plans for children are developmentally, culturally and linguistically appropriate. The program's School Readiness Reports reflect the average developmental progress children have made in each of the Head Start learning domains. The chart above shows the results.



Pacific Clinics' Head Start Leadership Team

Kathy McCarthy, Chief Executive Officer/President

Wassy Tesfa, Executive Director

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**QUALITY
START**
LOS ANGELES
QualityStartLA.org

Quality Rating and Improvement System (QRIS)

The Quality Start Los Angeles (QSLA) initiative sets standards for early education programs. Our program was evaluated by QSLA and received an excellent rating of 4 of 5 at each of our five childcare sites.

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Pacific Clinics' Head Start is a subsidiary of Pacific Clinics. The data included in this report is required by the Head Start Act section 644(a)(2).